
NUMEROLOGY

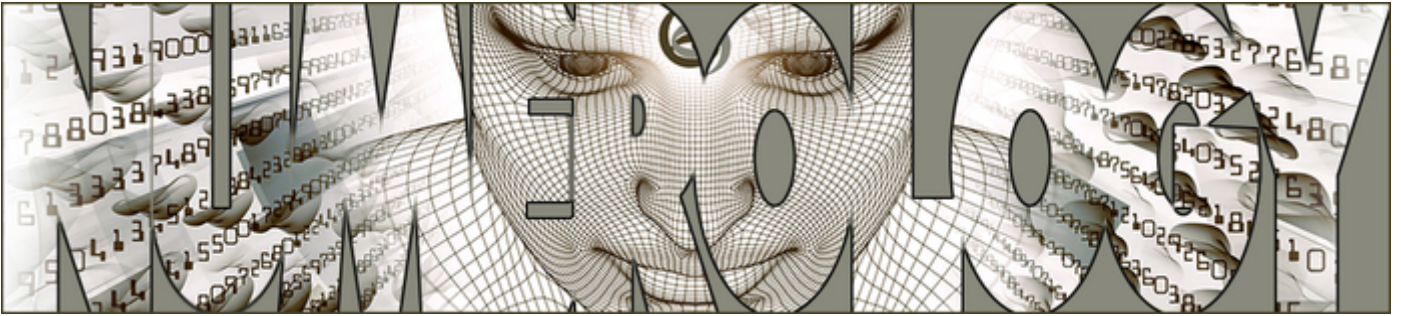
PERSONALITY PROFILE
YEARLY & MONTHLY FORECAST

Markus Dunvale

Numerologist Hans Decoz



worldnumerology.com



THE POWER AND LIMITATIONS OF NUMEROLOGY

Numerology is an art thousands of years in the making. Like any Metaphysical science, it hinges on the understanding that all things are interconnected. Your numerology profile analyzes the connection between the letters and numbers linked to you, revealing your talents, strengths, weaknesses, emotions, preferences, and a range of other qualities.

To use an analogy, think of numerology's nine single-digit numbers as nine tubes of paint, each a distinctly different color. Imagine you are a work of art painted by a master artist who used every color available to create your image. The depiction is unique and complex: a fusion of bright and subdued colors, shapes and shadows, light and reflection, subtle and bold textures. The deeper you look, the more you perceive and appreciate the many layers that makeup who you are.

A comprehensive numerology profile, along with your honest reflection, can be a powerful self-help tool in identifying underlying traits and new possibilities. The better you know yourself, the more control you have over life's changes and the greater your potential for a successful, fulfilled life. Numerology is not infallible, nor does it promise to answer every question, but I feel confident you will find many things to contemplate in the following pages. You are unique, and so is your Profile.

I hope you enjoy your reading and will find it beneficial to your path of personal growth and insight.

Hans Decoz

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is Markus Angel Dunvale

Short Name is Markus Dunvale

Birthdate is March-03-1977

Report start date is April-28-2021

Your Core Name Numbers

Your Expression is 12/3

Your Heart's Desire is 19/10/1

Your Personality is 20/2

Your Heart's Desire - Personality Bridge is 1

The Path You're On

Your Life Path is 12/3

Your Birthday is 3/3

Your Life Path - Birth Day Bridge is 0

Your First Challenge is 0

Your Second Challenge is 3

Your Third Challenge is 3

Your Fourth Challenge is 3

The Path And You

Your Life Path - Expression Bridge is 0

Your Maturity is 6/6

First Period Cycle is 3

Second Period Cycle is 3

Third Period Cycle is 6

First Pinnacle Cycle is 6

Second Pinnacle Cycle is 9

Third Pinnacle Cycle is 6

Fourth Pinnacle Cycle is 9

Specifics About You

Your Rational Thought is 5

Your Balance is 9

You have a Hidden Passion of 1,3,5

You have a Karmic Lesson of 6,8

Your Cornerstone is M

Your Subconscious Self is 7

Your Physical Plane Of Expression is 18/9

Your Mental Plane Of Expression is 26/8

Your Emotional Plane Of Expression is 10/1

Your Intuitive Plane Of Expression is 12/3

How Your Current Name Affects You

Your Minor Expression is 9

Your Minor Heart's Desire is 13/4

Your Minor Personality is 14/5

Your Future

Your Physical Transit for age 44 is A

Your Physical Transit for age 45 is R

Your Mental Transit for age 44 and 45 is N

Your Spiritual Transit for age 44 is L

Your Spiritual Transit for age 45 is E

Your Essence Cycle for age 44 is 9

Your Essence Cycle for age 45 is 19

Your Personal Year for 2021 is 2

Your Personal Year for 2022 is 3

your Duality after your birth day in 2021 is 9 and 2

your Duality before your birth day in 2022 is 9 and 3

your Duality after your birth day in 2022 is 1 and 3

Your Monthly Cycles

Your Personal Month for April 4 2021 is 6

Your Personal Month for May 5 2021 is 7

Your Personal Month for June 6 2021 is 8

Your Personal Month for July 7 2021 is 9

Your Personal Month for August 8 2021 is 1

Your Personal Month for September 9 2021 is 2

Your Personal Month for October 10 2021 is 3

Your Personal Month for November 11 2021 is 4

Your Personal Month for December 12 2021 is 5

Your Personal Month for January 1 2022 is 4

Your Personal Month for February 2 2022 is 5

Your Personal Month for March 3 2022 is 6

Your Personal Month for April 4 2022 is 7

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Markus, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 3, 1, 2

Markus, your 3 Expression is the most important core number arising from your name. In it, we find a gifted person with a wide range of career options. It is important to note, however, that the impulsive, somewhat scattered nature of this optimistic, happy-go-lucky number can also create distractions.

You likely have an offbeat sense of humor and a propensity to use your verbal strengths to talk your way out of tight spots (although, you may also use it to avoid duties and responsibilities from time to time). The upbeat 3 is inspirational and able to motivate others. For you, the glass is usually half full. That, coupled with the charisma typical of this influence, usually brings popularity and respect.

Your 1 Heart's Desire is an excellent companion to your 3 Expression, because it adds the desire to set and

reach goals. If you see a contradiction here, you are correct. Think of your 3 Expression as a creative, dynamic child, and your 1 Heart's Desire as more mature and goal-oriented. Both aspects are part of your personal makeup; it is up to you to decide which will have the upper hand. Obviously, in your professional life you would do well cultivating the ambitious, goal-oriented 1.

The addition of your 2 Personality reveals another contradiction. The 2 carries a gentle, intuitive energy, one that avoids confrontation and helps others work well together. Because it's your Personality number, these are the traits others experience when they first meet you). The challenge - again, with your 1 Heart's Desire - will be to balance the decisive, confrontational 1 with your temperate, perceptive 2.

Your Heart's Desire points to what makes you truly happy, your likes and dislikes, and the type of people and environment you are drawn to. You will probably be most content in a career that allows you to be independent and in charge, with many opportunities for creativity and originality. You possess the ability to work with others, but do not make the best subordinate, as listening to others is probably not your strong suit. You have the potential to become successful fairly early in life. You are goal oriented, creative, and capable, but may tend to take chances and you may not always think things through. This could produce a roller coaster career. Your challenge is to remain focused.

Your personal life may be somewhat chaotic as well, if you are one for little planning and impulsive decisions. You are loyal, but probably easily bored, which could lead to commitment issues. You have a flair for the dramatic. Many actors and comedians have 1, 2, and 3 among their core name numbers. Consequently, people are likely drawn to your charisma.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 12/3



You are optimistic, inspiring, outgoing, and expressive. People see you as cheerful, positive and charming; your personality has a certain bounce and verve that so powerfully affects others that you can inspire people without effort. All of this upward energy is a symptom of your tremendous creativity. Your verbal skills may well lead you into the

fields of writing, comedy, theater, and music.

Yours is the number of self-expression -- rich in imagination and spirit. But you have to be careful not to scatter your talents. Your bane is that you often lack discipline and order in your life. Avoid becoming a "happy-go-lucky" spendthrift, escaping responsibility and commitment. You must learn to concentrate and focus. These are the keys to your success. You have great potential in the arts and areas that requires creative solutions to problems. You are able to perform leaps of imagination, providing unconventional ideas as if they suddenly descended from above. Hard work and focus, however, are the foundation for a successful future.

Though you possess great verbal skills, your mind tends to see life as pictures rather than in words. You have the ability to think abstractly.

Creativity is a sensitive faculty that is often suppressed in childhood. If you lack the confidence to pursue your ideas, you may divert your abilities into a scattering of trivial pursuits. To overcome this problem, you must make a choice. You have to limit your field of vision and the number of activities you engage in and bundle your energies into a single thrust. Focus your life; choose the area that you love the most and commit. There, you will find success. And a great deal of happiness.

Love, romance, and money are within your reach. You are aided by your friends and admirers. Often people appear out of nowhere to help you in key situations. Markus, you have to learn to accept the involvement of others in your life. You are not a loner, nor are you particularly independent. You are social -- you need an audience and the support of others to fully realize your abilities.

On the down-side, you can be superficial, moody, and intolerant. You are emotional and sensitive, sometimes presuming criticism where none was intended. You can also be jealous and gossipy. Beware of becoming cynical and sarcastic. These traits can suppress your natural creativity. Be goal-oriented. This is a practical, step-by-step approach to your larger ambitions. You possess the natural abilities to attain a high degree of excellence.

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 19/10/1



Your overpowering need is to be independent and to direct your own life according to what you believe. Your dream is to become the leader of whatever field you enter. Whether it is in business, community, or in your general area of expertise, you are driven to be the reigning figure. You have the courage and the confidence to lead others. You believe firmly that your judgment is preeminent over all others. This gives you the confidence to make bold decisions and carry them out, even when other lives are greatly affected by what you do. You rarely look back once you have decided.

You possess intelligence and wit. You are keenly insightful and are good at evaluating the abilities of others. You are supremely individualistic. In your manner and dress, you like to project your own unique persona. Consequently, you don't mind being controversial, and can even enjoy the attention and impact you have made on your surroundings.

You dislike routines, or anything that limits your freedom and independence. Whenever you commit to something you truly love, you are tenacious in your ability to endure difficulties and overcome obstacles. You are highly responsible; you hate passing the buck. You possess remarkable willpower and a strong drive to succeed. You are always looking for innovative ways of doing things.

Because you seek to be the boss in any endeavor, you tend to dominate others. If you are not careful, especially in dealing with your subordinates and family, you may become ruthless in your decisions and behavior. You can also fall victim to impatience and intolerance, particularly if you grow conceited or superior.

You are the pioneer and the ground-breaker. You love the foreground, the hot-seat of responsibility. You have all the talents to succeed. If you maintain balance in your life, allowing others full expression of their thoughts and abilities, you will easily rise to the top of your chosen field and realize your ambitions.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 20/2



You appear friendly and unpretentious. You have a soft and warm exterior. Others perceive you as gentle, safe harbor. People are drawn to you because, among other reasons, you appear warm and unthreatening.

Your dress is neat and clean. Your clothing should be comfortable, soft, and flowing. You should avoid plain and understated clothes. Try to be a little more daring and exciting in your appearance. This will balance nicely with your perceptive and open personality.

You are very patient and understanding, and a wonderful listener. You make others feel important and loved. You are sensitive and become tense in a disharmonious atmosphere. You have experienced quite a bit of negative criticism as a child, which made you shy growing up. Though you may be well past that shyness, a bit of the vulnerability has remained with you and is often sensed by others.

You are a peacemaker. Arguments leave you drained. People sense your desire for harmony. But you must avoid being the blank tablet for others' projections. People may underestimate your strength, but this is a mistake. You are strong. You bend, but don't break. Exercise is important to your appearance and to promote the level of strength you radiate.

You have a fine sense of beauty and excellent taste. There is a grace in your movements, reflecting your keen sense of harmony and refinement. The opposite sex is attracted to your gentle and attentive nature yet senses the passion beneath your surface. You have sex appeal.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 1



You should rely more on your own strengths and abilities. Be more decisive; don't beat around the bush and be straightforward when expressing your thoughts and feelings.

You need to take charge more often. Get off the beaten path and find original ways of doing things. Do not try to be conventional or try so hard to behave according to the expectations of others.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 12/3



You possess a great talent for creativity and self-expression. Many writers, poets, actors and musicians are born under the 3 Life Path. You are witty, possess a gift for gab, and savor the limelight. Your talent for the expressive arts is so abundant that you may well have felt drawn to becoming an artist while still very young. Your artistic abilities can only be developed, however, through discipline and commitment to the true development of your talent. Commitment, concentration and hard work are the only means of bringing forth your talent.

Thanks to your gift for self-expression, you can be the life of the party, and the center of attention. However, you could easily squander your talent by becoming a social butterfly. Your creativity is the gift that can give you the comfort and luxury you desire, but not without continual focus and discipline. You are optimistic and possess the resilience to overcome many setbacks.

You are socially active, popular, and inspire people with your sunny "happy go lucky" attitude. You can be generous to a fault. Many people born under the 3 Life Path have difficulty handling money because they

can be disorganized and not particularly serious about their responsibilities. You are emotional and vulnerable. When hurt, you withdraw into a cloud of silence, eventually emerging from your reticence with jokes and laughter that cover up your true feelings. You can become moody and cynical when depressed. You can succumb to sarcastic remarks, which can be painful to those around you.

When used positively, your talent for self-expression can be a great inspiration force in the world, uplifting others, and bringing much success and happiness to you.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 3/3



You have a highly-developed creative talent. You are an artist at heart. You could excel in writing, visual, or performing arts. If you are not professionally involved in one of these areas, you should consider taking up art as a hobby. You are highly-imaginative, quick-witted, and possess the gift of gab. You have great enthusiasm. Others find you inspiring and charming. You are a wonderful salesman. You are friendly and sociable, affectionate and loving. You possess a good deal of charisma. You can also be moody and subject to rapid ups and downs.

You have a fine sense of harmony and art in everything that you do -- from your dress to the way you decorate your home. You have a gift with plants and flower arranging. Be careful not to waste time and energy on trivial matters. Keep your long-term priorities in perspective.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 0



Your 0 (zero) Bridge shows that in order for you to get the most out of your particular Life Path and Birth Day numbers, you would do well to pursue a wide world view. Knowledge of other cultures and societies, through books, film, travel, and interacting with strangers can expand your awareness beyond simple information gathering. It advances your self-awareness by strengthening your bond with humanity and creates a sense of freedom as well as comfort.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 0



This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during this period. However, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 3



You are your own worst critic. You suppress your individuality and creativity. Each time you want to make an impression, you doubt yourself beforehand, and criticize yourself ruthlessly afterward. Your criticism of yourself is far more severe than anyone else's. As a result, you tend to play it safe by staying on the surface, indulging in superficialities. You

rarely express what goes on deep inside of you; instead, you cover up your feelings with humor or perfunctory remarks.

You often feel alone and lonely. Your fear of social interaction causes you to strain conversation by making too many jokes and forced joviality. It may help you to find a creative outlet for your imagination, possibly through writing, painting, singing or dance.

At the bottom of the challenge is an effort to bring out your true self. You will learn to truly value your own creative talents above anyone else's judgments. This must be viewed as a process of individuation, in which you become a whole human being, independent and free of the need to conform to others.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 3

Markus, you are repeating your Second Challenge

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 3

Markus, you are repeating your Second Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 0



Your bridge number is 0 (this is one of the few places in a numerology chart that can produce a zero). It suggests you could be more accepting of what you perceive as your shortcomings and indicates a tendency to be unnecessarily hard on yourself, possibly declining opportunities due to a lack of confidence. Although this will diminish somewhat with age, you could benefit from taking an honest look at the underlying causes of this harsh self-assessment. Think about this the next time an opportunity presents itself.

In your favor, your Life Path and Expression numbers are the same, which is considered fortunate. This suggests you possess the ability to make real progress in the area of personal growth, as well as progress on your chosen path.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 6/6



As you mature, you will become increasingly concerned with the well-being of family, friends, and community. You will be drawn to the role as healer, counselor, and teacher. You have a growing ability to give comfort and sound advice to those in need. You naturally assume the role of patriarch or matriarch of those in your care, no matter how old they are. You become more responsible and protective. You may well become involved in environmental protection, volunteer work or politics. You are naturally idealistic and strive to realize those ideals as you grow in maturity and in personal resources.

Your careful and balanced approach to business and financial matters provides you with sound and secure success later in life. The 6-maturity number provides an outstanding financial foundation for the future. In addition, the influence of the 6 promises an old age surrounded by loved ones.

For those who have few 6s in the chart, or none at all, this Maturity Number promises the close relationships that you have striven for most of your life.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 3 and lasts until age 33



The early part of your life revolves around communication and self-expression. You find yourself drawn to the company of artists and eccentrics and are less comfortable in conventional settings. Social events are important and help you burn off some of that restless, creative energy.

You may have difficulty staying focused on a goal to its completion, as you find that boredom kicks in quickly and patience is not your forte. Others find you charming, attractive, even charismatic, but you must be careful not to waste energy on superficial projects or relationships. Discipline and focus are essential to lay a foundation you will build on for the rest of your life.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 3



The middle part of your life is a time of heightened self-expression and social support. Abilities you possess in the arts, especially in writing, acting, or dance, are enhanced.

You are more social than you have been in the past, and others are attracted to your charm and charisma. Although this is a time of maturing, you feel as though you are becoming mentally younger and more creative. Staying focused on practical goals may be challenging.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 6



The latter part of your life finds you primarily focused on family matters. It is likely you will continue to care for others well into your sixties (or longer), which will provide great satisfaction.

You may be more involved in the arts through volunteering or teaching and engaged in community affairs or local politics. Artistic talents you possess are enhanced, and you find opportunities to express them. This is a cycle of stability in relationships (although not necessarily romantic relationships). Partnerships or family-run businesses have a significant chance for success.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 6 and runs from birth until approximately age 33



Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. Markus, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

Markus, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 9 and runs from age 33 until age 42



This is a period in which you must identify with some larger project or goal that is bigger than you, Markus. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world. Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 6 and runs from age 42 until age 51

Markus, you are repeating your First Pinnacle Cycle

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 9 and runs from age 51 until age death.

Markus, you are repeating your Second Pinnacle Cycle

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 5



You have a flexible and adaptable mind. You are quick with solutions, and you can think on your feet. You have the cunning of a fox. You can talk yourself out of the tightest situations, but your priority is often winning the contest, not being right.

You love to reinvent the wheel. You have no fear of trying an approach that seems far-fetched to others.

Your adaptability is unique, and you often manage to turn a difficult situation around to make it work in your favor.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 9



You will find your solutions by empathizing with the concerns of others Markus. You have a gift for understanding a wide variety of people and seeing the broader picture. But too often you retreat to aloofness, a kind of Ivory Tower, in which you regard yourself as an aristocrat, above the masses. You will find your solutions by coming down to the practical reality where people live. It is in giving that you will receive.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

In the graphic below, each square represents the number value of the letters 1 through 9. The top left square tells you how many ones are found in your full name at birth. The one next to it shows how many twos are in your name, and so forth. The number that is found most often in your name is your Hidden Passion. There can be more than one.

Your Hidden Passion number is 1

You have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills and can succumb to manipulation unless your ideals are high. Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

You are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

Your Hidden Passion number is 3

You are highly social and have a gift for self-expression. You love to entertain and attend parties. You are exceedingly popular, and a good friend.

You are highly talented in one or more of the arts -- writing, acting, music, or painting.

You need excitement. When things are dull, you tend to fantasize and sometimes exaggerate. You are very inspiring and motivating to others. You are blessed with a considerable amount of charm and charisma. You are highly optimistic, which can make you a bit of a rolling stone. You think that the grass is always going to be greener on the other side of the hill.

You need discipline and focus to make the most of your talents. You can fall victim to scattering your energies. You have to guard against being selfish and indulging in too much sensory gratification.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Markus, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 6

You have a major issue with commitment and responsibility to others. You have a hard time committing to marriage and other important personal relationships. You have to learn to show true emotion. You may feel isolated and alone, but do not understand why. The reason is that very often you form relationships yet remain heavily guarded, putting up a show of emotion without truly communicating affection or care. This can make the bond between you and others superficial. You must learn to establish sincere relationships.

You will learn the importance of close friends and lasting relationships. You will learn to give and, when

necessary, sacrifice. This is the one true way to true friendship and lasting love.

The effects of this Karmic Lesson are diminished if you have at least one 6 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

Your Karmic Lesson is 8

You can attract a considerable amount of money and even be a good business person, but you experience major ups and downs in your financial affairs, due largely to your lack of caution in handling your resources. You will have to work at knowing how to handle money. In all likelihood, you will attract enough of it, but it tends to slip through your fingers. This Karmic Lesson forces you to learn your limitations, and the limitations of your resources. Learn to be efficient.

You are highly independent and do not want to be told how to do things. You have great problems with authority figures. This stems from a kind of know-it-all attitude and stubborn behavior that prevents you from knowing your limits.

The effects of this Karmic Lesson are diminished if you have at least one 8 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is M



You are energetic and hardworking with a touch of the workaholic. You are efficient and do not tire easily. You likely have a strong physical constitution. You are domestic and want financial security.

You are tolerant and can endure hardships. You have to be more patient with others.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 7



You can appear indifferent to your surroundings and somewhat aloof. You are well-balanced and can survive many a stormy time. In time of trial, you withdraw within yourself finding solace and answers, in your creative and analytical mind.

You may be a bit of a loner and do not easily share your feelings with others.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 18/9



You have a strong presence. You are charismatic and have a dramatic flair in your personality, which may direct you to the theater.

You are also drawn to politics, publishing, promotion, and public service -- any career that requires a certain amount of time before the public. You are attracted to doing things on a large scale.

You are a humanitarian. You are concerned about the wellbeing of society. You have a great deal of compassion, tolerance and generosity. You are highly idealistic and a bit of a dreamer. You are not particularly practical, however. Very often, you are not understood by others, and sometimes considered indifferent and aloof.

In some way, you want to please everyone and tend to give promises that may be impossible to keep.

If you develop your abilities, you have a significant chance to become famous.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 26/8



Markus, you have a great talent as a business person. You can manage large corporations and institutions. You understand how to organize people and direct them toward some larger common goal. You are highly ambitious and competitive. Money and power are essential to your sense of identity and self- respect. You must guard against arrogance and superiority. You can be imperious.

You are demanding of yourself and others. You seek excellence in all things and refuse to settle for less.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 10/1



You are highly emotional, even mercurial. You experience much nervous tension and can be high strung. You are roused to love and anger quickly. You can be stubborn and proud. You can become personally and emotionally identified with a particular project or person to the point that you become deeply attached and even possessive.

You are demanding in close associations, especially in love and marriage. If not careful, you can easily be domineering. You need a strong willed yet flexible person as a spouse.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 12/3



You are very original, imaginative and sometimes have fantastic ideas about spiritual matters. You are very artistic and inspiring. You have a talent with words and may be drawn to the pulpit.

Your intuition is above average, but you tend to color and exaggerate your insights.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 9



The influence of this number makes you more concerned with the well-being of others. Your Minor Expression number increases your sensitivity to the needs of society. You feel an urge to serve humanity in a more direct way.

The number 9 helps you to better communicate and understand all types of people.

You are more aware of your artistic talent and the need to express yourself. Your name opens you up to a larger view of life. It attunes you to political movements, philosophical theories, and spiritual practices. You are more sensitive to the larger patterns of humanity.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 13/4



Your Minor Heart's Desire adds orderliness and practicality to your personality. It makes you more serious, responsible, and practical.

Your short name encourages you to pay close attention to details, the nuts and bolts of business. You are less irritated by the routines of life. Your shortened name inspires you to become more grounded and to think about your basic security and that of your loved ones. You are more likely to be a perfectionist, and less interested in a varied social life.

You have strong ideas concerning right and wrong.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Expression is 14/5



You are a stimulating person. You brighten social gatherings with your fresh and original ideas. Your conversation tends to be sprinkled with novelty and wit. You have a quick tongue and charisma. You are probably an excellent salesman. There is a lot of nervous energy within you looking for an outlet. You love your freedom and you see this life as an ongoing adventure. You are upbeat and optimistic.

You are a little irresponsible and quick in satisfying your sensual urges. You are attractive and that, coupled with your innate ability to promote yourself, makes it easy for you to satisfy your desire for new and exciting relationships.

NUMEROLOGY

YEARLY & MONTHLY FORECAST

Markus Dunvale

Numerologist Hans Decoz



worldnumerology.com

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 44 is A



This is a period of change, activity, progress, and creativity, enabling you to become more independent and self-reliant. This cycle tends to make you physically stronger and healthier, largely because it inspires you to pay attention to your diet and exercise.

The A Transit increases the potential for travel or a change of residence. It also delivers promotions and other opportunities. For some, an A Physical Transit brings a breakthrough in awareness and perspective of life.

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age 44 and 45 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability,

and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 44 is L

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Your Essence for age 44 is 9



This is a period during which your ideals will be tested and forged anew. 0, you will be broadened in ways that you would never have dreamed possible. You will likely experience a dramatic psychological and spiritual expansion. Old relationships that no longer have a place in your life will be let go of. Even old habits or characteristics that you believed were fundamental to your identity seem to evaporate. There is a need to forgive those in your past and let them get on with their lives, as you must with yours. Hanging on to negative attachments, either out of anger or a sense that justice has not yet been done, will bring you much misery and, if the courts are involved, protracted lawsuits.

You now have the ability to reach out to the masses. This is a time requiring much self-sacrifice and service to others. You are deeply affected by the pain and sufferings of others, and will feel a need to change your milieu or society for the better.

Those in the arts, especially actors, writers, and other performers, will see an enhancement of their talents and the opening of many new opportunities for advancement.

Your focus is outward in a big way. Teach, perform, and advance society in your own way. Dedicate yourself to a higher cause. These are the areas that will meet with much success. Conversely, selfishness, negativity, and pettiness will blow up in your face. The time demands a broad view of life. You are now the visionary, who must see the greater trends in humanity. Out of this will come much compassion for all. This is the lesson of the period: That as you work for the greater good of society, you will be personally rewarded, so much so that your cup will runneth over.

Your Essence for age 45 is 1



You are in a struggle for independence and possessed by personal ambition. You will feel the need to work hard to establish yourself and your foundation. You are forward looking and even visionary.

This is a period of struggle. It is a time when you may feel torn between your personal desires and your concerns for others. It can be a time marked by stubbornness and rigidity, characteristics you will have to keep in check. This duality between the lower desires and the higher realms of love can cause you much internal conflict. Secretly, you may feel torn between a desire to serve some greater good, and your ambition for personal accomplishment. You are aware of the needs of others. At the same time you are skeptical of ideals and idealists. You may tell yourself now that you must be realistic in your dealings with the world. But you must avoid shutting out the voice of your higher nature. Do not let your higher ideals go, lest you be guided exclusively by materialism and greed.

All too often, those in the 19 Essence finally resolve this conflict by conceding to personal ambition and selfishness. This can lead you to much trouble. People may perceive you as greedy and self-centered. Because you are driven by ambition, you may be attracted to people who have no other priority but personal gain. For some, this will lead to shady business practices and even brushes with the law. This can be a time when you feel a need to pull back from others and become less social than during previous years. But this can lead to isolation. You may also feel frustrated because your ambitions want instant gratification, which the time does not allow.

The challenge during this time is to strike a balance between your worldly needs and your inner spiritual nature. The time requires much soul searching and a willingness to accept the perspective of others. Don't shut yourself off, or become jaundiced to your more idealistic brethren.

At the conclusion of the 19 Essence, the person is often better off materially, and far more independent, but there may also be a sense of disconnectedness from friends and loved ones. Therefore, it is important to work at maintaining close ties. Be open to others, and recognize that man does not live by bread alone.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run

concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2021 is 2



This is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined. You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a willingness to go around obstacles, without losing sight of your goal. You may also experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans. This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research. Your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even lifelong relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive. You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

Your Personal Year cycle for 2022 is 3



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles

run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality after your birth day in 2021 is 9 and 2

You have a 9 Essence in a 2 Personal Year, 0, which offers some wonderful opportunities, as well as a few challenges.

Your 9 Essence cycle suggests you are at a time in life when you have a desire to simplify things. You may be tiring of situations or relationships that you recognize are holding you back. Your Essence influences your state of mind, your feelings, and the approach you will take to the situations you encounter this year. You will likely be seeking more time to yourself and less responsibility. Additionally, the 9 can make you feel a little distant from others and disinterested in emotional drama.

This is where the main challenge of this cycle enters. Your 2 Year will be busy delivering events that revolve around other people's needs at a time you may feel less able or interested in dealing with them. This attitude stems from your need to focus on your own issues, not from a lack of concern. Nevertheless, it might feel like the more effort you make to distance yourself from these situations, the more they appear. This could be the case in both your personal and professional life.

Although it won't always come easily, your best approach this year will be to move past any reluctance you have to be a support for others. Reach out and sacrifice part of your time even when you would prefer to walk away. In a 2 Year relationships very often contribute to - or are responsible for - the opportunities, improvements, and positive changes that are possible during this period.

This combination supports simplifying your life and minimizing your involvement in areas that no longer interest you; however, there is one important caveat. If your decisions affect other people, especially your loved ones and particularly where emotions are involved, examine your course of action carefully.

This period will require you to walk a fine line between streamlining your personal and professional life (discarding unproductive methods and unhealthy relationships) and nurturing the relationships you value.

Your Duality before your birth day in 2022 is 9 and 3

When a 9 Essence teams up with a 3 Personal Year wonderful things can happen. This combination should raise your originality and imagination to an all-time high; in fact, many traits from both cycles complement

each other very well. This is not commonly the case with numbers that are otherwise so different in nature.

Your 3 Personal Year chapter mentioned there should be plenty of creative opportunities that encourage you to begin new projects enthusiastically. It also touched on the challenge that accompanies the somewhat scattered 3 i.e. its lack of focus and follow-through. This tendency could easily prevent you from completing inspired projects. A lack of organization, focus, and commitment are the most obvious shortcomings of this otherwise expressive, enthusiastic influence.

Fortunately, your 9 Essence can mitigate this concern to a large extent. Where your Personal Year influences the external events and circumstances around you, your Essence number affects your inner feelings and state of mind. One of the 9's main qualities is its desire to complete things, which will help compensate for the scattered tendencies of the 3.

In addition, both numbers are creative, although they express it in different ways. The 3 represents the verbal and performing arts such as storytelling, dancing, and acting. The 9 is the preeminent designer, with a skill for spatial awareness and a talent for combining colors and materials. For creative endeavors, the two are a match made in heaven.

Finally, the solitary, aloof, serious nature of the 9 will be largely offset by the social, exuberant, playful attitude of the 3.

There are also areas where this combination can have a less desirable effect. If your career or business is in the financial or legal field, be careful about making impulsive decisions or committing to long-term contracts (especially if they can be postponed until next year). If you are in construction or a creative field, the 9 and 3 produce a fortunate team. Sales, real estate, and retail also tend to do well.

Relationship issues and romance are not well supported by this combination. The (sometimes) superficial and unreliable 3, coupled with the distant and (at times) self-righteous 9 could off-put even your closest friends. With this in mind, make a conscious effort to be sensitive to and available for your loved ones.

Your Duality after your birth day in 2022 is 1 and 3

Your 1 Essence will lend a bold, refreshing, ambitious state of mind, and your playful, creative 3 Personal Year has the potential to lighten things up. This is generally a positive combination, 0, because when you are looking for a way to make a new start (consciously or subconsciously) having a more creative mindset can only help to expand the possibilities.

The challenge in this combination will likely be in choosing your goals carefully and keeping an eye on the details. Make sure your goal is achievable, as the scattered, somewhat irresponsible 3 can be impractical and unrealistic. Although you will be goal-oriented and striving for progress, actual success will require that you bring discipline and order into the mix. Without it, you could lose focus and manage your priorities poorly.

The 1 can be overly direct, even rude, and the 3 can be superficial. In combination, the influences have the potential to make you somewhat insensitive in your relationships. Additionally, you may find you would rather play, work, or pursue creative ideas than deal with emotions (your own and those of others). These distractions can make the 1 and 3 combination difficult for relationships, particularly with friends and co-workers. Romance and family relationships are less likely to be negatively affected. Always important, try to take a gentler approach with personal relationships than you do in your career, and give time and attention to the needs of others.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month for April-2021 is 6



Matters of the heart come to the foreground. Romance is now at the top of your list of opportunities. On the other hand, the month brings instability to outdated relationships, and some may end. You become aware of the need to let go of certain people, although final good-byes may not occur until July or early August of this year.

Your family and friends need more attention. You may find yourself playing the roles of mediator, comforter, and counselor. You'll be the one to offer the proverbial shoulder to cry on this month. A younger person, particularly, needs your love and attention.

There is an increase in your workload and responsibilities due to a promotion - or one that may be in the offing. The change may well bring financial rewards. April is a good time for finances, particularly those related to real-estate.

Your Personal Month for May-2021 is 7



7 May leads to powerful self-discoveries and intuitive perceptions. It is a highly spiritual time, causing you to withdraw from the hustle and bustle of daily life. Your focus is inward. You find yourself contemplating the mystery of your existence, your purpose in life, and your direction. You find yourself taking time off to read or meditate. It's an excellent time to take a vacation, but you may want to avoid group activities.

Social demands will make you irritable and out of sorts. Be with yourself or enjoy meaningful discussions with someone close to you. In this way, you may deepen your marriage or romantic relationship.

It is a time for wisdom and insights, even premonitions and revelations that have little to do with intellectual effort but are the result of heightened awareness and a free-flowing channel between your sub-conscious and your conscious. Be particularly alert to your dreams and the direction and insight they offer.

Your Personal Month for June-2021 is 8



8 The time is ripe to reach out and receive some of the fruits of your labors. It is a harvesting time, but the rewards are still dependent upon good relations with co-workers. Ask for a promotion, or a raise. Let those in the right positions know that you value the recognition and respect they bestow upon you.

You are in the right state of mind to deal with some tricky personality-clashes; solve communication problems; turn enemies into friends, and in many ways manipulate events through gentle persuasion. The numbers 2 and 8 allow you to handle sensitive issues with tact and diplomacy, as well as with authority and decisiveness. It is a good time for negotiations in every area of your life, personal as well as professional.

Romance is very favorable but can be spoiled by money issues. On the other hand, domestic affairs can be troublesome and can leave you feeling powerless unless you are willing to cooperate. Leave such issues alone for now. The domestic scene is better handled in July, when dealing with relatives is easier and goes more smoothly.

Your Personal Month for July-2021 is 9



9 July is both emotional and demanding. It is a month to take care of loose ends. Relationships that have been rocky of late will reach critical mass, to be worked out and deepened, or separated entirely. This is a testing period for relationships in all areas of your life. The 9 and 2 combination -- diplomatic, sensitive, and service oriented numbers -- advises that you avoid confrontations. Work with issues quietly and patiently.

At the same time, it is an excellent period to look inward and acknowledge your needs and desires. Let go of all that you have outgrown, including people, situations, material objects -- anything that you have out-

grown. This month is your opportunity to avoid becoming an emotional and material packrat. July is a time to empty your cup and make room for new gifts coming your way. It is a transition period. You will likely experience deep emotions, even nostalgia, and melancholy. At times, you may feel exhausted. Such feelings are not altogether unpleasant. There is a cleansing and healing taking place at a very deep and personal level. You are not entirely conscious of all that is happening, and consequently you may have difficulty expressing your feelings to others. You may sense that you do not fully understand yourself. Give it time and much will be revealed to you.

An opportunity to be involved in a good cause may present itself, and your sacrifice will help you achieve stability and inner strength. This is a good time financially. Some payment may be received for something you'd forgotten, or for reasons you do not expect.

July is a month that requires balance: you are feeling emotional, but at the same time you must also focus on the needs of others. If you indulge too much in your feelings, especially self-pity, you will suffer more self-doubt than if you remain balanced between your needs and service to others.

Your Personal Month for August-2021 is 1



August brings new energy and a kind of restoration of life. There is a feeling of rebirth, excitement, a brightness in the air that wipes away the last residues of last month's bouts of gloominess and self-doubt. You want a change, a challenge, some goal toward which you can direct your enthusiasm. Well, that's what this month will bring. A new project, career change, something new. Keep in mind, however, that you are planting seeds now that must be nurtured and cultivated over the next year or so. In other words, you must remain focused on this dream to nurture it properly over time.

Don't take chances financially. Your optimism may make you impulsive and vulnerable. Remain cautious and research all propositions brought to you.

You will be introduced to new people and, if you are not already involved, one may turn into a passionate romance. Here, also, the careful approach can save some future heartache. The child in you is very much alive, trusting and believing that everything is what it seems.

While this is a very promising time for romance, keep in mind that a certain amount of rational examination is necessary to protect yourself. Wait until the end of next month before you surrender your heart to the person you are attracted to.

Your Personal Month for September-2021 is 2



This is an 11/2 Month. The number 11 (referred to in numerology as a Master number), is highly charged, sensitive and intuitive. You are extremely perceptive. Dreams are full of insight and seemingly irrational, and creative ideas should be examined seriously. Your most powerful asset right now is your inner antenna that is picking up vibrations that escape others.

Your relationship with co-workers is fragile, but this is due largely to your enhanced sensitivity. Don't take your emotions too serious. Increased sensitivity magnifies and exaggerates emotions. If you fixate too much on them, you'll do yourself a disservice. Overlook slights and let things pass without retort. People will come around.

Romance is still strong, but you must remain realistic. Last months' excitement and infatuation has given rise to self-examination. As with co-workers, long-term relationships and friendships are fragile right now. Again, be skeptical of your emotions; it's quite possible that you are making mountains out of molehills.

Cooperation, tact, patience, tolerance, and forgiveness are the key-words to make this month pleasant and successful.

Your Personal Month for October-2021 is 3



You need a break. If possible, take some time off to recharge your batteries. You need sunshine, relaxation, fun, and laughter with friends. The only career aspects favorably highlighted are those related to creativity, and inspiring and motivating those with whom you work. It's a good time to express the thoughts and ideas that you've been thinking about for the past several months. You can make a favorable impression on superiors, even with ideas that are a little daring.

Avoid stress and working under pressure now. The next five months give you the strength to survive and even prosper under pressure but avoid stressful situations this month. Postpone important financial decisions if possible, unless they have to do with "fun projects", such as travel, exercise equipment, creative endeavors, and the like. A modest amount of gambling can be healthy and has a better chance of paying off this month than most other months.

Romance is light and playful. Again, postpone important decisions in the area of romance.

Your Personal Month for November-2021 is 4



November is time to get down to business, to focus on work, and finish anything left undone. Pay attention to the details; don't procrastinate; don't cut corners. Get the picture? You are laying a foundation for the future, proving to yourself and others that you are

worthy of the responsibilities and challenges you have taken on.

Your energy is strong and focused. You can concentrate even when work becomes routine and boring. You are in a crucial stage in your life, but you've got the energy and a take-no-prisoners attitude that will lead you to success. The best way to balance such determination is to get in touch with nature: take a walk in the woods; sit at the edge of the lake; feel the earth and your connection with it.

If you have recently become involved in a romance, this month will bring commitment and stability to the relationship.

Your Personal Month for December-2021 is 5



December brings changes and restlessness. You feel a need to be with others, to be social, to laugh and talk and enjoy yourself. You receive opportunities to travel and will meet a new and exciting person on a trip away from home. This person inspires and motivates you to try something new, to get off the beaten path and take a chance.

This is a month that could bring quite a few surprises, most of which invigorate you. It is a dynamic time that brings information and knowledge from unexpected sources. You want change. You are ready to try a new direction, which causes you to see your career with new eyes. You are in an adventurous mode and willing to take a risk.

This month requires courage and flexibility. There are new opportunities awaiting you and it is up to you to prevent them from slipping by.

Your love relationship is in a vulnerable state, and some suppressed anxieties need to be released. You are somewhat impulsive and may need to force yourself to slow down. You experience a bit of self-indulgence. There is a need for self-discipline.

Your Personal Month for January-2022 is 4



January offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them. Your co-workers and superiors are impressed. You are optimistic and light-hearted this month, which further enhances your work situation. However, you will tend to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may tend to procrastinate, which can spoil opportunities and damage your career.

January is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house or starting a gardening project, now is the time to

get started.

Marriage or a romantic relationship takes on more depth.

Your Personal Month for February-2022 is 5



February brings changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip. Carefully prepared plans confront the unexpected: events and people you had not expected. If you are flexible and not afraid of changes will enjoy this month. However, if you rigidly try to stick to expectations and refuse to adapt, you may experience a difficult time in which almost nothing works out, no matter how hard you try.

February is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. You are open and childlike and for that reason very attractive to others. A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

Your Personal Month for March-2022 is 6



March brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible since the theme of this month is to be committed to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships. Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.

Your Personal Month for April-2022 is 7



April represents a pause for self-evaluation. It is a time of light and shadow, a month of contrasting moods. You may alternate between light-hearted optimism and periods of doubt and even depression. The time requires you to look within. Meditate and contemplate your life. Such self-reflection will awaken deep feelings of gratitude for all the blessings bestowed upon you, including the greatest gift of all: your life itself.

During the first half of the month, you may feel the inner you begin to stir. Your dreams may be intense, graphic, and highly revealing. They are a source of insight if you care to listen. There is a sub-conscious attempt to communicate, not with others but with your deeper self.

Let career, finances, and romance all take a back seat during this important spiritual time. You will be quite safe.

If possible, take some time off. At the very least, walk in the woods, sit at a lake, or otherwise bring yourself in close contact with nature. Keep a journal and write down your dreams, insights, and revelations. They will offer insight into your life's direction.