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Dear Fellow Numerology Enthusiast

You can write your own introduction here.

It is suggested to keep it short, but you have about a page.

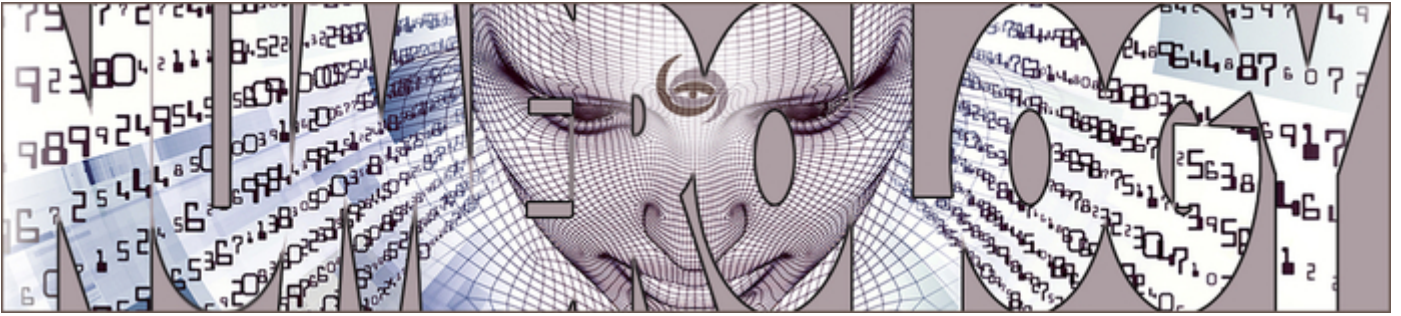
I hope you will find this report beneficial on your on-going search for self-knowledge and self-awareness.

*Your Name*

# NUMEROLOGY

YEARLY & MONTHLY FORECAST





## **ABOUT YOUR FORECAST**

*Your Personal Numerology Forecast reveals the energy and influences you will encounter this year, preparing you for the unexpected changes life can bring.*

*Your Personal Year describes the external trends and circumstances likely to affect you. Your Transit and Essence cycles identify your mental, emotional, and spiritual state of mind during this period.*

*Dualities - unique to Hans Decoz' forecasts - merge the impact these different, overlapping cycles will have and showing what you can do to get the most out of their combined influence.*

*Personal Month cycles describe the influences of the numbers in place during that month.*

Please verify that the name and date of birth showing below are accurate.

**Full name at birth: Hans Markus Johanson**

**Current name: Markus Johanson**

**Birthdate: July-12-1982**

**Report Start Date: March-04-2021**

**The Path And You**

First Period Cycle is 7

Second Period Cycle is 3

Third Period Cycle is 2

First Pinnacle Cycle is 1

Second Pinnacle Cycle is 5

Third Pinnacle Cycle is 6

Fourth Pinnacle Cycle is 9

**YOUR PHYSICAL TRANSIT**

Your Physical Transit for age 39 and 40 is N

**YOUR MENTAL TRANSIT**

Your Mental Transit for age 39 is S

Your Mental Transit for age 40 is M

**YOUR SPIRITUAL TRANSIT**

Your Spiritual Transit for age 39 is O

Your Spiritual Transit for age 40 is H

**YOUR ESSENCE CYCLE**

Your Essence for age 39 is 3

Your Essence for age 40 is 8

**YOUR PERSONAL YEAR**

Your Personal Year cycle for 2021 is 6

Your Personal Year cycle for 2022 is 7

**YOUR DUALITIES**

Your Duality before your birth day in 2021 is 1 and 6

Your Duality after your birth day in 2021 is 3 and 6

Your Duality before your birth day in 2022 is 3 and 7

### **YOUR PERSONAL MONTH**

Your Personal Month for March-2021 is 9

Your Personal Month for April-2021 is 1

Your Personal Month for May-2021 is 2

Your Personal Month for June-2021 is 3

Your Personal Month for July-2021 is 4

Your Personal Month for August-2021 is 5

Your Personal Month for September-2021 is 6

Your Personal Month for October-2021 is 7

Your Personal Month for November-2021 is 8

Your Personal Month for December-2021 is 9

Your Personal Month for January-2022 is 8

Your Personal Month for February-2022 is 9

Your Personal Month for March-2022 is 1

## YOUR FIRST PERIOD CYCLE

*Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.*

*The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.*

### **Your First Period Cycle is 7 and lasts until age 33**



The 7 is probably the most challenging and difficult early Period cycle because it tends to set you apart from others, which can be lonely. Even as a child, your inner life is so compelling you likely immerse yourself in it. Although you may find it difficult to share your deeper feelings with others, this cycle produces some of the brightest and most original thinkers.

Escaping into your fantasies at an early age gives you a rich and textured intellect. You may or may not be aware of this, but others, including the adults in your life, are often in awe of the things you say and do. You reach a level of maturity early, assisted largely by your intuition and a mind that penetrates beneath the surface of any subject. Your first 25 to 30 years are a period of inner development that will benefit the rest of your life.

## YOUR SECOND PERIOD CYCLE

*The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.*

### **Markus, your Second Period Cycle is 3 and lasts until age 60**



The middle part of your life is a time of heightened self-expression and social support. Abilities you possess in the arts, especially in writing, acting, or dance, are enhanced.

You are more social than you have been in the past, and others are attracted to your charm and charisma. Although this is a time of maturing, you feel as though you are becoming mentally younger and more creative. Staying focused on practical goals may be challenging.

## YOUR THIRD PERIOD CYCLE

*The Third Cycle represents a flowering of your inner self as your true nature comes to fruition. It is during*

*this period that you have the greatest degree of power and self-expression.*

### **Markus, your Third Period Cycle is 2 and lasts for the rest of your life**



Markus, the later part of your life finds you increasingly intuitive, relying more on your heart than on your mind. You become less inhibited, as you gradually lose the fear of showing your true and deeper self. You are more direct and less hesitant to express your feelings. You rely on your gut feelings more often. "If it feels right, it probably is," could become one of your stronger convictions. You are better at working with people and you become a master in the fine art of persuasion.

Younger people, and others, are drawn to you - especially those who live with difficult circumstances and those who could use your help. You may well discover a talent you have not previously considered, perhaps in the visual arts.



## YOUR FIRST PINNACLE CYCLE

*Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.*

*The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.*

*Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's. This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.*

### **Markus, your First Pinnacle Cycle is 1 and lasts until age 33**



This is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power. There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self-pity or surrender. Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful. You must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life. Be careful not to become too self-centered, headstrong or self-important. Be strong but flexible. Be open to the counsel of others but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith. Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

## YOUR SECOND PINNACLE CYCLE

*Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your*

*productive/professional life.*

### **Markus, your Second Pinnacle Cycle is 5 and lasts until age 42**



This is a period that will teach the realities of freedom and expansion. You will travel great distances, meet many new and interesting people, experience many adventures, and essentially come to know the world. You are in a period of accelerated experimentation and learning. Experience is your teacher. Your ability with words is greatly increased. You can write and speak with ease. You are also able to successfully promote yourself. In fact, this is the source of much adventure; new opportunities for work, travel, and exotic experiences present themselves with regularity.

Your challenge is to prevent yourself from becoming a rolling stone. You need to ground yourself in a particular discipline, career, or relationship. This will not limit your freedoms so much as give you a base for operation. Otherwise, you may find yourself skipping from one meaningless job to the next, one superficial relationship after another. You can also fall victim to the abuse of food, alcohol, sex, or drugs. You must accept limitations as a necessary base for your freedom. Freedom cannot exist without limitations, otherwise you would be without identity, and without existence.

You may fear being anchored or tied down, which can cause you to skim the surface of a pursuit you enjoy, or important relationships. You must come to know the true meaning of freedom, which is unconditional love. You give your love and energy without the condition of holding on to a place, a person, or an occupation; and you expect the same in return -- to be loved for what you are, rather than someone who belongs to another. There is a highly spiritual path offering itself that requires detachment without loss of love. Many turn away from this and instead choose to maintain a superficial relationship with the world, or with other people.

You must cultivate your talents, especially your verbal and writing abilities. You are likely a gifted salesperson, or promoter.

### **YOUR THIRD PINNACLE CYCLE**

*Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.*

### **Markus, your Third Pinnacle Cycle is 6 and lasts until age 51**



Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace

and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. Markus, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

Markus, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

## **YOUR FOURTH PINNACLE CYCLE**

*Your Fourth Pinnacle Cycle lasts for the rest of your life.*

### **Markus, your Fourth Pinnacle Cycle is 9**



This is a period in which you must identify with some larger project or goal that is bigger than you, Markus. Your greatest satisfaction will be in providing for others, as well as for yourself. Those in business will draw much personal gratification in knowing that they are helping their employees support their families. Those involved in social activism -- a particularly appealing choice of careers during the 9 Pinnacle -- will feel themselves strengthened by the knowledge that they are advancing the safety and well-being of society. The 9 Pinnacle is a time in which you apply your energies to the good of the larger community. As a result, there is an element of self-sacrifice

present. To some degree, you must subordinate your personal priorities to those of a larger cause. We are not suggesting martyrdom but making a conscious effort on your part to strike a balance between the good of your milieu and your own personal desires.

This is a good time for financial growth and progress in business affairs. It is a period in which you face a large challenge and must give yourself entirely to it.

The 9 Pinnacle also promises much reward in drama, writing and art. You have a heightened esthetic sense, and any latent artistic talent you already possess will be enhanced and brought to the surface. If you have been in business, you may suddenly be drawn to the arts as a benefactor or patron, supplying support for theater productions or artists.

You will feel an increased sense of social responsibility and compassion for the many. You will want to help those less fortunate than yourself and will likely apply yourself to some social cause or philanthropy. This is a period in which you feel a greater love for the good of your community, country, and the world.

Interestingly, you are not restricted by prejudice or boundaries of class or country. You see humanity as a whole. Your love is not personal, however, but for the many.

Many under the 9 Pinnacle are drawn to religion or philosophy and have the capacity to spread some doctrine or teaching. In short, you are highly idealistic. You will likely travel extensively during this period and meet people from many walks of life.

No matter what your area of expertise, you have a chance not only for success but for fame.

## YOUR PHYSICAL TRANSIT

*The individual letters of your name are used to find your Transits.*

*Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.*

*Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.*

*The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.*

### **Your Physical Transit for age 39 and 40 is N**



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

## YOUR MENTAL TRANSIT

*The Mental Transit is based on your middle name*

### **Your Mental Transit for age 39 is S**



Feelings run deeper, and perception is especially keen under this transit. This is a period of rebirth and awakening, especially of hidden aspects of your personality. Freedom in a very real and lasting sense can be your reward.

Sudden changes are possible in all aspects of your life, some accompanied by spiritual and mystical revelations. Your dreams could be more intense and should be examined for messages and insight into your subconscious.

There may be confrontations with strong-willed people, testing the strength of your convictions. This is an exciting time full of surprises and extraordinary events.

### Your Mental Transit for age 40 is M



This is a time for hard work and a practical approach. You may appear reticent or remote which can create distance between you and those you are close to you; try to express your feelings. Relationships may be demanding and require more sacrifice.

Think carefully before making important decisions. Try not being impulsive and don't let your changing moods influence your direction. Take your time!

### YOUR SPIRITUAL TRANSIT

*Your Spiritual Transit is based on your last name.*

### Your Spiritual Transit for age 39 is O



This is a time of strong emotional experiences, which can affect your health if you are not mindful. You may find yourself worrying unduly. It is likely that more responsibility will be placed on your shoulders, with sensitive, emotional issues involved. You will find yourself more interested in religious, philosophical, and physical studies. Your leadership abilities will be heightened during this transit.

### Your Spiritual Transit for age 40 is H



Your mind will be quite active during this period. The H Transit brings thoughts and ideas that are unconventional, original, and inventive. This is an ambitious time and self-promotion should pay off. Advancement and success are possible. Self-discipline is heightened, and you possess a clear understanding of what you want. Emotionally you could feel a little vulnerable and in need of love and attention.

## YOUR ESSENCE CYCLE

*Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.*

*If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.*

### **Your Essence for age 39 is 3**



Your ability to express your self will reach an all-time high. Any talent you possess in the arts -- especially in writing, acting, or other performing arts -- will be greatly enhanced. This is a period of success through personal creativity. You have much opportunity to advance yourself and career through your own personal expression, charm, and creative talent. This is a social time, filled with much fun and friendship. You will feel lighter, fresher, and more alive than in previous years. It is as if life has relieved you of a burden, allowing the more creative, upward, and joyful energies to flow more freely.

People are naturally attracted to you. They sense your joie de vivre, your spirit, and creativity. Your challenge is to focus your heightened creativity on a worthwhile task. Discipline is essential. Choose a goal worth reaching. Pour your energies into something that will last. In this way, you will emerge from this period having accomplished something worthwhile, and learned to harness your creative abilities. If you fail to focus, you will likely spend your opportunity and creative urges on loose talk, superficiality, and socializing.

This is an emotional period. The upward, heart-centered energies are peaking, bringing with them many old emotional issues. You can easily exaggerate the importance of an unkind word, or react too emotionally to a troubling situation. In short, you need perspective now.

Markus, you are in a highly volatile period, making you highly creative, sensitive, and given to emotional mood swings.

You are highly romantic and given to fantasy. There can be many wonderfully romantic times; however, it is important to avoid being swept away by your fantasies. Do not fail to see people for what they are.

This is a time when you will learn the value of your personal expression, and your own uniqueness. It is a time of personal accomplishment and advancement.

### **Your Essence for age 40 is 8**



This is a period when business and career affairs dominate your agenda. A new opportunity will unfold to you and you will have to give yourself to it entirely to make it work. It is a time of progress and much personal power, but the demands of the time are equally large, thus requiring careful planning and attention to detail.

All business matters -- including personal economies -- will come under sharp scrutiny. You will likely have more money than during previous years, but, conversely, you must be more careful with it. A new start can be made. You sense the need to grasp it. But you also are aware that it must be treated with great care. Therefore, be astute in all your business dealings. Major mistakes can be made if you are not careful, and they can affect you for some years to come. It is a time of cautious use of power. You are being asked to develop wisdom in all your dealings. Balance -- in areas from your mundane affairs to your eminently important relationships -- is the key to your success. Keep a tight control on your bookkeeping, while providing strong leadership and gentle guidance to your family or close associates.

It is also a time when old issues -- especially debts from the past -- surface with a vengeance, making it necessary to pay the piper before further progress can be made. The irony is that while you have greater resources, there are often equally large demands made of you.

This is a time, too, when you will realize that you are a survivor. No matter what difficulties you have experienced in the past, this is a period when you can regain a sense of progress in career matters. You will feel that you are doing important work, and will be richly rewarded for it.



## **YOUR PERSONAL YEAR**

*Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.*

*Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.*

*Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.*

### **Your Personal Year cycle for 2021 is 6**



This is a year of progress and financial advancement. Major career opportunities present themselves. It is a challenging year in which personal growth is joined with new responsibilities and challenges. This is a year of domestic responsibility and attention to the needs of family and friends. It is a time of heartfelt emotions and some sacrifice. It is a time for comforting and caring. You realize the importance of your place within your community. You will be called upon to help others bear their burdens. You are the proverbial friend in need. Deep feelings bring renewal to relationships and often a birth in the family.

You must work to create an atmosphere of harmony and balance. It is often a time when marital issues surface and need attention. However, you possess the understanding to deal with such issues effectively if you apply yourself with love and flexibility.

May is an emotional month filled with the promise and the stress of imminent changes. June is a breakthrough and a relief. September brings advancement, October self- reflection and readjustments, and December brings a sense of completion and fulfillment.

### **Your Personal Year cycle for 2022 is 7**



You will experience a strong tendency to spend more time alone, to delve inside and find some answers and to reach a better understanding of yourself. This is not a year for social activities nor is it a year to try and reach goals on a material level. You will find that the necessities of daily life seem to be taken care of by themselves. There is no need to be overly concerned regarding your material needs. Without slacking on your daily duties and responsibilities, you can afford to give more attention to yourself. This is a year for inner growth. It is your spiritual and mental presence that requires attention. Improve the quality of your life, read, contemplate and gain insight

in yourself. You are important now. Rest and attend to your health.

It is during this year that you strengthen the foundation of your life, after all your success in all matters rests upon the strength of your inner self. There will be many strange and unusual events inspiring you to take a closer look at life and an opportunity is there to experience the joy and beauty of life without any artificial or exterior involvement but purely the growing awareness of yourself. Too much concern and desire for material rewards, Markus, will turn this period of your life into a very bad experience indeed, while a "let go and let god " attitude will make this such a fruitful and pleasant year that you may find yourself wondering what you did to deserve this.

## YOUR DUALITIES

*How the yearly cycles affect each other.*

*Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.*

*Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.*

*Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.*

*For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.*

### **Your Duality before your birth day in 2021 is 1 and 6**

This year, you can expect occasional conflict between your ambitious 1 Essence and your family-oriented 6 Personal Year. The influence of the 1 can make you single minded about reaching your goals. Simultaneously, your Yearly cycle could often be dominated by relationship issues with friends, family, or co-workers. Your challenge Markus, will be staying connected to the caring nature of the 6, during a time your state of mind feels particularly independent and ambitious.

A 1 Essence during a 6 Personal Year often brings family issues to the surface (as every 6 year does). The 1 is goal-oriented, concerned with the self, and focused on success; the 6 sacrifices time and energy for others. This can create friction. Focusing on your work and projects will probably be easy. Your challenge will be to meet the needs and expectations of your loved ones, while actively pursuing your goals. This will take concerted effort. Even the strongest relationships can be adversely affected during the 1 and 6 Duality.

Circumstances will arise that bring this challenge to the foreground. In a nutshell: even if you are (generally) not in your most giving mood, that is exactly what this period requires of you.

Your Duality combination is favorable for business and career and provides great potential for growth. Your negotiation skills should be heightened, including handling legal matters if they arise. This is, in part, due to

the ruthless side of the 1 teaming up with the empathic ability the 6 has to detect the weak spots in others.

You will probably find it takes little effort to motivate others, even bend them to your will. Although this can be positive when used ethically, it reflects another challenge to the 1/6 combination. Be cautious about manipulating or taking unfair advantage of those less savvy or in a weaker position.

Due to its focus on relationships and responsibilities, the 1 and 6 increases the potential for both positive and negative experiences regarding relationships. It is rare to go through this cycle without a powerful and memorable emotional experience. It is a period of choices, commitment, and the desire to pursue new experiences.

### **Your Duality after your birth day in 2021 is 3 and 6**

Markus, when a 3 Essence takes place during a 6 Year, it bodes well for business, career, and project-related activities, but is not as favorable for personal relationships. After reading about your people-oriented 6 Year, and your light-hearted, cheerful 3 Essence cycles, this may surprise you, because both numbers have a positive, socially well-adjusted nature. However, in combination, these influences have the potential to affect relationships negatively.

The challenge stems, in part, from the 3's tendency to misread the motivations and needs of others. Although the 3 is charismatic and generally has enviable verbal skills, it is often at a loss when discussing matters of depth and intimacy. Although this could be difficult for your romantic relationships, dealings with clients, neighbors, and co-workers generally fare well, as they require little depth and no emotional ties. Your deeper relationships demand more, and that same jovial, surface approach can affect them negatively.

Most years, a 3 Essence would be relatively harmless, but this is a 6 Year, which is rarely a normal year for matters of the heart. Basically, it is not the most favorable time to deal with relationship issues - and a 6 Personal Year promises plenty of that. Being aware of this can prevent hurt feelings and emotional upsets. Listen carefully, think before you act, and most of all, take the feelings of those you care about seriously.

Fortunately, the opposite is true for your professional and productive life. When it comes to practical matters and creative ideas you should excel. You are equally adept at promoting yourself (and your ideas) and garnering support. In addition, with your energy, enthusiasm, and creative potential, you will likely be asking for more responsibility or to expand your range of duties. This makes promotion and progress more likely.

### **Your Duality before your birth day in 2022 is 3 and 7**

Markus, while reading the chapters about your 3 Essence and 7 Personal Year, they may have struck you as having entirely opposite traits (and they do). However, although their characteristics are polar opposites, the combination is considered rather promising. The upbeat, playful, extroverted 3 and the serious, thoughtful,

introverted 7 can make an unusual but well-balanced team.

Generally, the events and circumstances you encounter this year (delivered by your contemplative 7) will motivate you to be more serious than usual, and prompt you to improve yourself. It is a period for inner growth and self- knowledge.

Pairing the serious 7 with your creative, playful, outgoing state of mind (the influence of your 3 Essence) can inspire lucrative ideas and intellectual or spiritual breakthroughs. It also creates a more upbeat, optimistic outlook than is typical of the 7.

The key to a successful year is balance. If you focus only on the imaginative, playful traits of the 3, you could find yourself happily muddling along, but with little in the way of accomplishment and true satisfaction. Focusing on the deeper, knowledge-driven aspects of the year could be somewhat of a struggle, however.

The opposite issue can also dominate. It is not uncommon for someone with a 7 Personal Year/3 Essence to deny the "œspiritual" side this combination offers. When that happens, instead of accessing the positive aspects of the insightful 7, some people become alienated and withdrawn. If you feel yourself leaning in this direction, focus on your creative, playful side and have some fun. (Although it is more likely that your charismatic 3 will overshadow your philosophical 7.)

Interestingly, personal relationships and romance usually thrive under this combination. Your knowledge and insight can add depth to a period in your life when you are also more charismatic and inspiring. The same qualities can also create conflict if both numbers allow their negative sides to take control – for instance the cynical and impersonal side of the 7 and superficial, careless side of the 3. This can result in true feelings being hidden behind cynicism and sarcasm, the domain of an unhappy 7.

The area where the 3 and 7 are most profoundly different has to do with depth - depth of feeling, commitment, and inner knowledge. A miserable, angry 7 backed by the callous, shallow mindset of a 3, can be devastating. Therefore, balance will be key in all matters whether personal or professional. You can offset this potential by making time for study, reading, or another endeavor that feeds the mind. Self-reflection, contemplation, and approaching life seriously are the ingredients for a successful 7 year. Then you can give your open, imaginative 3 some rein. With the proper balance, this can be a wonderful combination.

## YOUR PERSONAL MONTH

*The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.*

### **Your Personal Month for March-2021 is 9**



Whenever the 6 and 9 team up, it is often emotional because you may have to let go of someone close to you. You experience relationships more deeply and feel greater warmth for others. You reach out for contact and substance. Other people will also be drawn to open up their hearts and minds to you. This reflects strongly in your relationship with family and friends, but also in the work-environment. People will come to you with their problems, seeking an understanding ear and a shoulder to cry on. You feel closer to your fellow man, and because of your attractive disposition you will receive much support from others.

Good news may come from your work that will boost your self-esteem. Move slowly and carefully where romance is concerned, however, because you are not in a position to make long-range plans.

### **Your Personal Month for April-2021 is 1**



This month brings new beginnings in several areas of your life. You have more energy and are ready to implement some changes in your life. Display aggression in your career and it will progress nicely. Start new projects. Take a chance. A 6 Personal Year often brings considerable financial gain, particularly in or around the months of April (this month) or November.

This is also a time in which matters of the heart come to some kind of climax. Young lovers get married, married people re-commit, and troubled relationships either work it out or separate.

The month of April brings challenges in the area of communication. Be careful what you say and how you say it, so you don't stick your foot in your mouth. Actively pursue the things you want in your career, finances, and love-life. Romance is very positive now and more people find their soul-mate during this period than at any other time during the 9-year cycle.

### **Your Personal Month for May-2021 is 2**



May is a 2 Personal Month in a 6 Personal Year and focuses on harmony and diplomacy in all relationships, including the work-environment. You are more sensitive and aware of the feelings of others than you were last month, and you will be called upon to use those abilities.

You will find yourself in the role of mediator/peacemaker in order to maintain harmony in the work place. Become a hard-nosed yet diplomatic negotiator. Find a balance between tact and sensitivity on one hand, and persistence and conviction on the other. You will be able to meet these challenges and will come through with flying colors. Financial rewards will come. Keep things organized and take care of details or else you may find yourself in chaos by the end of this month.

If you are involved in a legal tangle, and quite a few people in this stage of their Personal Rhythm Cycle are, you will gain some ground and find good reasons to be optimistic.

Romance is highly favored now, especially for new relationships.

### Your Personal Month for June-2021 is 3



This is an excellent time to give yourself a break. Take some time off. Enjoy yourself. Don't be too serious. This is a time of enhanced creativity and originality. Become involved in playful activities. Participate in social events. You will meet new people who offer a welcome change to the routine aspects of your life.

Your career may seem unpredictable now but will be much better next month. "Luck" in financial affairs is likely now. Romance is also favorable.

The emphasize of this month is on fun and leisure. Enjoy.

### Your Personal Month for July-2021 is 4



Markus, it is a time to seriously apply yourself to your duties and responsibilities. Take charge in home, career, and community affairs. Be patient and apply yourself to routine and details diligently. Organize your personal life and your career. Tie up loose ends. Start projects that will improve your living situation such as repairing the house or starting a garden.

Someone in your circle of friends and relatives needs help. Usually, this is a younger person who has not yet found stability or purpose in life.

This month may well bring an excellent opportunity in your own career. Focus on legal affairs. Discipline and effort are the key-words for this month.

Romance takes a more serious turn. Expectations are expressed, and commitments made.

### Your Personal Month for August-2021 is 5



August brings some changes in work and your personal life. It is a dynamic time, and nothing goes according to plans. Play things by ear.

Your career progresses well as a result of your enhanced ability to find creative solutions.

You make a good impression on some people who are in a position to reward you. There will, however, be a confrontation between you and a co-worker, with long-ranging affects. The outcome will depend on your personal strength and self-confidence. If you are involved in business deals or legal affairs, some surprising changes may take place. In all areas of your life, flexibility and adaptability are important. Your friends and family require a lot of attention. Social gatherings are frequent and will bring new relationships into your life.

Traveling, perhaps across the ocean, is possible and favorable.

Romance is exciting. Be socially active. If you are single, you could meet someone who will be a permanent part of your life.

#### **Your Personal Month for September-2021 is 6**



September will force you to deal with the issues of responsibility and loyalty. Devote your time and energy to the needs of family and community. Become involved in some sort of activity that will benefit others financially. You will, and should be, concerned less with your own financial affairs, than with those involving others. Be selfless and generous in all areas of your life. It is a time to forgive and heal. You are highly aware of your bond with the people you love, as well as with neighbors and co-workers.

Legal affairs you might be involved in come to the foreground. Financially, September has the potential to be very good.

Romance is shaky. Choose your words well and follow up on promises. Don't forget birthdays.

#### **Your Personal Month for October-2021 is 7**



Distance yourself somewhat from the affairs and troubles of other people. During the course of this year you have been asked to help, counsel, and advise others many times. Now, give yourself a break. Spend time alone for contemplation and meditation. Study and reading are also favorable. Your workload does not decrease but much of it is routine and allows you to mentally drift. Still, your mind is sharp, and you can easily concentrate when you want to.

Inner healing takes place. Old wounds may be reopened. There is some sadness and nostalgia, but the healing is real and needed. This is a time of spiritual growth. Postpone decisions regarding financial affairs,



if possible, until next month.

Matters of the heart are also a low priority. You are not very clear this month and would rather not be bothered with it. Emphasize your personal well-being. Diet, exercise, and go for walks. Don't distract yourself from soul-searching by watching television or other mind-numbing practices.

In many ways, your experience of this month will set the tone and direction for next year.

### **Your Personal Month for November-2021 is 8**



November is an excellent time for business ventures, financial affairs, and all things related to the material world. You receive recognition for past effort in the form of financial rewards, respect, and possibly promotion. Implement any changes you have been considering in your business affairs.

As always, when the 8 shows up in the chart, a certain amount of balancing takes place. Punishment and reward are both possible. If you have put out sincere effort, the reward will be there. However, for some people, an 8 month may bring bad news, after all, the 8 is balance, including the balance between effort and reward.

This is a good time to straighten out financial dealings you may have with friends or relatives as well. This is not a good time to go into debt. But it is a good time for love. Strong feelings and passionate exchanges on the emotional and physical level make this an exciting month.

### **Your Personal Month for December-2021 is 9**



December is the second time this year that some letting go has to be done. A relationship is going to end. This can cause some distress, but there are also feelings of gratitude. Your feelings run deep, but you have difficulty expressing them. You feel vulnerable and emotional. You are attracted to giving your time and energy to something outside of yourself. Clean out the garage or attic and donate the excess to charity.

There are changes in the work situation, such as a shift in personnel. In a strange turn of events, you may find yourself having to defend your actions and motivations. Your honesty may be questioned. If you are single, you may meet someone later this month. If you are committed, you may feel you are involved in a roller-coaster kind of relationship. Not to worry, things calm down by the end of the month.

### **Your Personal Month for January-2022 is 8**



This, the first month of your 7 Personal Year cycle, brings success and reward from past effort. Self-reliance and confidence are the keys to success this month. Stand up for yourself and show stubborn persistence.

Your career is stable, with few ups and downs, but your finances are less secure. A conservative attitude to money matters is favorable. Your attention is focused on long-term planning. You have good ideas that may well turn into an additional source of income later this year (during or around October). You also become interested in new avenues of thought or spiritual paths, which will inspire you to study or read.

This month's emphasis is on long-term goals.

Friends and relatives feel that you are a little distant and may get on your case in the hope that you will spend more time with them. Romance is not particularly important. If you are involved with someone, feelings deepen, and the bond becomes stronger.

### **Your Personal Month for February-2022 is 9**



February brings a number of changes, most of them occurring inside of you. You awaken to new feelings about your job, your house, and the people around you. It is a time of reevaluating the choices and decisions you have made over the past several years. You gain clarity and understand your motivations and needs better.

You may cause some practical changes as a result of this, and even distance yourself from outdated habits or relationships. There may be some emotional turmoil connected to this, but the feeling of relief is more prominent. This is a tricky time in all areas of relationships. Your irritation threshold is lower than usual. Irrational demands and lack of patience from your side may bring on feelings of guilt and you will probably find yourself apologizing more than once. You have strong idealistic, humanitarian, and spiritual feelings and may want to become more involved in some practical endeavors concerning one or more of these areas of life. However, you will probably postpone any active involvement for the time being, because you feel the time is not right.

Most important this month, is your enhanced clarity in all matters concerning your life and the direction it is taking. It is a time of re-assessment of your values and priorities and the influence of this month will be felt for a long time to come.

The practical aspects of career, business, relationships, and romance are all on the back-burner, but the inner-changes that take place represent a much larger step forward than you will probably realize at this time.

### **Your Personal Month for March-2022 is 1**



Markus, you may still have a case of the blues on the early days of this month, March soon brings optimism, increased energy, and excitement. You are intellectually sharp and imaginative. You feel that anything is possible and that the sky is the limit. Against the background of self-reflection and soul-searching that's such a major part of this year is this month's sense of spring-time in your heart. This is an excellent time to take on new challenges in your career, to start new endeavors, or, if you are in business or sales, to go out and snare that important new client.

Often, this month brings financial gain, but your attention is more directed towards intellectual accomplishments. Your pride and self-esteem gets a boost.

A more difficult aspect of this month is your relationship with loved ones. You lack the necessary sensitivity to respond properly to the needs of those close to you. Markus, you are under the illusion that everyone feels the way you do; that problems are only minor impediments that can be taken in stride. However, your optimistic attitude also inspires them, and they grudgingly respect you for the way you seem to be handling things.

A romantic experience brings passion and excitement either late this month or early next month.

