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Dear Fellow Numerology Enthusiast

You can write your own introduction here.

It is suggested to keep it short, but you have about a page.

I hope you will find this report beneficial on your on-going search for self-knowledge and self-awareness.

Your Name

NUMEROLOGY

PERSONALITY PROFILE YEARLY & MONTHLY FORECAST

Melanie Sanderson



www.your-website.com

YOUR PERSONALITY PROFILE AND YEARLY FORECAST

PART 1: ABOUT YOU

Just as your DNA determines your physical body; a blueprint of your personality is an inborn part of you from the very beginning. Your Profile begins with insight gleaned from your name because that is where we learn WHO you are. It describes the talents, strengths, and other distinct characteristics you were born with.

PART 2: YOUR PATH

Just as your physical body grows and changes with time, so does your personality. Your personal evolution begins at the moment of your birth. From that point on, the choices you make, the goals you set, your environment, opportunities, challenges, the influence of others, and a thousand other factors alter who you become.

PART 3: YOUR PATH AND YOU

This section looks at how your name numbers (you) and your birthdate numbers (your path) work together to guide your personal growth and the changes you experience.

PART 4: SPECIFICS ABOUT YOU

Certain numbers in your chart affect you in a clearly defined, narrow way, such as your Balance number, which lays dormant until you enter a time when you are off-balance; when discord dominates your life.

PART 5: HOW YOUR CURRENT NAME AFFECTS YOU

The name you use on a daily basis, the way you introduce yourself in a social setting, has a unique affect on your life in that it, more than anything else, reveals how you feel yourself; who YOU think you are and what you represent.

PART 6: YOUR FUTURE

This part of the report tells you what your cycles are for the current year and next year, and how it will affect your life.

SUMMARY

Birth Name is Melanie Lizbold Sanderson
Short Name is Melanie Sanderson
Birthdate is June-18-1973
Reportdate is March-04-2021

Your Core Name Numbers

Your Expression is 14/5

Your Heart's Desire is 11

Your Personality is 12/3

Your Heart's Desire - Personality Bridge is 1

The Path You're On

Your Life Path is 17/8

Your Birthday is 18/9

Your Life Path - Birth Day Bridge is 1

Your First Challenge is 3

Your Second Challenge is 7

Your Third Challenge is 4

Your Fourth Challenge is 4

The Path And You

Your Life Path - Expression Bridge is 3

Your Maturity is 13/4

First Period Cycle is 6

Second Period Cycle is 9

Third Period Cycle is 2

First Pinnacle Cycle is 6

Second Pinnacle Cycle is 11

Third Pinnacle Cycle is 8

Fourth Pinnacle Cycle is 8

Specifics About You

Your Rational Thought is 5

Your Balance is 8

You have a Hidden Passion of 5

You have a Karmic Lesson of 7

Your Cornerstone is M

Your Subconscious Self is 8

Your Physical Plane Of Expression is 27/9

Your Mental Plane Of Expression is 26/8

Your Emotional Plane Of Expression is 51/6

Your Intuitive Plane Of Expression is 0

How Your Current Name Affects You

Your Minor Expression is 6

Your Minor Heart's Desire is 5

Your Minor Personality is 10/1

Your Future

Your Physical Transit for age 47 and 48 is N

Your Mental Transit for age 47 and 48 is Z

Your Spiritual Transit for age 47 and 48 is E

Your Essence Cycle for age 47 and 48 is 9

Your Personal Year for 2021 is 2

Your Personal Year for 2022 is 3

your Duality before your birth day in 2021 is 8 and 2

your Duality after your birth day in 2021 is 9 and 2

your Duality before your birth day 2022 is 9 and 3

Your Monthly Cycles

Your Personal Month for March 3 2021 is 5

Your Personal Month for April 4 2021 is 6

Your Personal Month for May 5 2021 is 7

Your Personal Month for June 6 2021 is 8

Your Personal Month for July 7 2021 is 9

Your Personal Month for August 8 2021 is 1

Your Personal Month for September 9 2021 is 2

Your Personal Month for October 10 2021 is 3

Your Personal Month for November 11 2021 is 4

Your Personal Month for December 12 2021 is 5

Your Personal Month for January 1 2022 is 4

Your Personal Month for February 2 2022 is 5

Your Personal Month for March 3 2022 is 6

PART I: ABOUT YOU

Your Personality Profile is based on your full name at birth, your current name, and your date of birth. Your full name tells us who you are; think of it as your numerology-DNA. Your date of birth reveals your path and the patterns of your personal growth.

We start this report by looking at the most important numbers derived from your full name to throw light on who you are as a person.

HOW YOUR NAME NUMBERS STACK UP

Melanie, we begin by taking a quick snapshot, a look at the influence and meaning of the three core numbers derived from your name. Your Expression number is the sum of the value of all the letters in your full name at birth. Your Heart's Desire is the sum of the vowels. Your Personality number is the sum of the consonants. These three numbers are closely linked and influence one another.

All the numbers derived from your name reflect YOU. They are a blueprint of your talents, shortcomings, character traits, and other qualities. You should realize that this is a limited perspective. Later chapters focus on the challenges and opportunities you will encounter on your path, and attributes you may acquire as time passes.

This first chapter is like a glance from a distance, followed by three chapters that explain the meaning of each number in more detail. We will gradually build a more complete picture of the complex and unique individual you are.

Your Core Name Numbers are 5, 11, 3

You have a 5 Expression, 2 Heart's Desire (based on an 11 Master number - more about that later), and a 3 Personality.

Your 5 Expression number, Melanie, shows that you have a quick-witted, outgoing, dynamic energy. The 5 is impulsive, so it works well in an environment that changes frequently. You are flexible and adaptable, and probably have an adventurous streak. You dislike being supervised, cannot stand routine work, and could be somewhat impatient. Nothing moves fast enough for you. You also have an unconventional side and a talent for conceiving original ideas. You interact easily with others under normal conditions, but when there are personality conflicts, the actions and opinions of others can deeply disturb you.

Your 2 Heart's Desire gives you a sensitive side that is beneficial for working with people and promoting cooperation. However, you may fall victim to gossip and bullying, and may be prone to jealousy. Try to develop a thicker skin. Recognize your strengths and beware of being taken advantage of.

Your 3 Personality is a fortunate addition to your 5/2 combination. Upbeat and lighthearted, it takes some of the edge off the emotionally charged 2. Both the 2 and the 3 are good at influencing and inspiring others, but they go about it differently. The 2 is the ideal number when an intuitive understanding of others is important. Human resource professionals, diplomats, politicians, and lawyers will benefit from the diplomatic, flexible 2. Your 3 has charisma, a sense of humor, and the ability to uplift others. This is an excellent combination for working with people.

Both the 2 and 3 are also creative. The 2 rules music and dance; the 3 excels in the verbal arts, such as writing and poetry. Acting and journalism are favored as well.

Your 3 Personality suggests you are both well liked and quick to become attracted to others. The downside in this dynamic is there may not always be real substance to some of those relationships. The superficial, happy-go-lucky 3 tends to have trouble with long-term relationships. Your 2 Heart's Desire creates a particularly strong need to be closely involved with others, but it can also make you fragile and emotionally vulnerable. Consequently, it would be wise to protect yourself and to take your time when becoming involved in romantic relationships.

Now let's look at each of your core numbers individually.

THE EXPRESSION

Your Expression number, calculated from your full name at birth, reveals the orientation or goal of your life. Some numerologists refer to this as your Destiny number because it represents a lifelong target at which you are aiming. Thus, the Expression number, to some extent, reveals the person you aim to be.

Your Expression is the most influential of the three characteristics that make up who you are. It is also the number with the most influence on your choice of career, although other aspects are important as well.

Your Expression is 14/5



You are a free spirit. You love change, adventure, and excitement. You love your freedom. Like a bird that needs its wings to live, you cannot exist without it. Freedom is the nucleus around which your life revolves. You need it for your very survival. By using freedom properly, you are able to explore and develop all of your varied talents. You will meet many types of people and travel great distances. Freedom is the atmosphere necessary for you to bring forth your many talents.

You are capable of doing almost anything, and probably quite well. Only by avoiding the imprisonment of illusory security are you able to bring forth your abilities.

You are unusually adaptable. In fact, change is a blessing for you. In the same way, you need challenge and variety. You hate the routine of life; being stuck is a catastrophe for you. You become miserable when you are held back or held down. The taste and texture and color of life have an overpowering allure for you. From childhood, you dream of seeing foreign lands, experiencing the sensual and the exotic. You want to try everything at least once in life. All of life is a playground for your senses.

But this can get you into trouble. You may fail to respect your natural limits, either biologically or socially. Any boundary is anathema to you, which can blind you to your natural limits, and may cause you to overindulge your desire for food, sweets, alcohol, sex, and drugs.

You are gifted in your ability to communicate. Your facility with words is almost limitless. You can be a salesman, politician, lawyer, public relations person, and minister. You also possess the talent to share and advance new ideas. You are talented with your hands. You love the new and untried. Your field is the frontier. You are a bit of a gambler and often play for very high stakes. All of this combines to give you a youthful enthusiasm, which others find infectious and attractive. You like to work with others but need to perform your task unencumbered by the restraints of others.

You are a clever and a quick thinker, but your thought processes -- like your life in general -- can be unorganized and scattered. You must stay grounded and focused if you want to be successful.

You fall in and out of love frequently, especially early in life. You are naturally sensual and commonly have a strong sex drive. These characteristics usually make for a lively and exciting love life, but you must guard against shallow feelings and relationships. Your challenge is to develop mature and lasting relationships. Self-discipline and setting healthy limits are the key to your success in virtually every area of your life.

Ironically, you will find that as you learn to set appropriate limits on yourself, you develop more self-mastery and realize even greater freedom. This is especially true when it comes to finishing what you start. Your tendency is to give up once you've got a project or job under control; you grow bored quickly. You start to fantasize about a new challenge, or the rewards of your great accomplishment, long before the work is finished.

The 5 Expression desires the whole world. You are aware that you have many talents that can bring much success. But that success depends on your willingness to choose certain areas to concentrate on, and to bring them to perfection.

THE HEART'S DESIRE

The Expression number described above points to a more productive side of your life. Your Heart's Desire reflects a deeper, inner you; it suggests an underlying urge, your true motivation, and the general intention

behind many of your actions. It reveals the environment and lifestyle you prefer, as well as your likes, dislikes, and the type of people you are drawn to. Consequently, it dramatically influences the choices you make in life.

It makes sense that the vowels of your name are the foundation for your Heart's Desire. Vowels are the peaks and valleys of a language. Notice how vowels leave your mouth in a free-flowing breath. Try it: Aaaa.... Eeee.... Oooo.. Consonants though, are cut off either at the beginning or in the end.

You might say that it is in the flow of your breath that you express your deeper self.

Your Heart's Desire number is 11



You have wisdom beyond your years. Even as a child, your understanding of life was considerable, though it likely went unrecognized by others.

You are a born peacemaker. You are driven by a desire to settle conflicts and create harmony. You are a healer and a visionary. You long to make the world a better place and cannot rest until you have dedicated your life to some worthwhile cause. Your realm is ideas and philosophy. You are attracted to the world of energy more than to the mechanical or material planes. Philosophy, religion, and less traditional forms of healing are among your specialties. You are obsessed with the quest for enlightenment.

You are extremely sensitive and possess a high degree of intuition. Subtle messages and feelings of others do not escape your attention. You are powerfully aware of the thoughts and feelings of others. Unless you are well grounded, this can throw you about emotionally. Your awareness can be both a gift as well as a problem, because you so deeply desire to please others and keep harmony in your environment.

Many 11s were born into extremely hostile or turbulent families. This often resulted in psychological pain, lack of confidence, and shyness during childhood. Somehow, the child with an 11 heart's desire recognized the sources of his family's problem. This created an internal conflict for the child, who naturally loved the troubled parent, but could not cope with that parent's behavior. Therefore, many 11s are scarred early in life. They understand the sufferings of others and seek to be of service in some way.

This is, in fact, the easiest way for you to heal yourself and find your greatest satisfaction. You understand the importance of close, loving relationships. Therefore, you are selective in choosing your friends and spouse. You are a romantic, idealistic, but somewhat impractical person. Unless you have other balancing characteristics (as indicated by 1s, 4s, and 8s in your chart), it is wise to team up with a more practical and realistic partner.

You have a magnetic and charismatic personality. You like pondering abstract matters. Your intelligence is electric. Ideas, solutions to problems, and inventions seem to come to you as if out of the blue.

You are highly charged and intense. This can cause nervous tension. You need to care for your nervous system with ample amounts of rest, a peaceful environment, and proper diet -- avoiding extreme foods and drugs.

You are often more concerned with universal justice than with the individual.

The 11 is a master number, possessing great potential. It has been entrusted to you as a gift that you are worthy of. The key is to maintain a hold on your ideals and seek ways to practically implement them.

You have a specific role and gift to give to the world. This requires time and maturity to fully comprehend. But with patience and perseverance, you will discover why you felt different and even unique as a child. At that time, you will discover that what made you feel weak as a child will make you strong and confident as a mature adult.

THE PERSONALITY

The consonants of your full name at birth are the foundation of your Personality number, which is a little like a narrow entrance hall to the great room that is your true nature. It's the outer layer of your personality, the part you feel comfortable sharing. With time and trust, you invite others into the deeper aspects of your nature.

Your Personality number serves as a censoring device in terms of what you send out, as well as whom and what you allow to approach. For this reason, your Personality is usually narrower and more protective in its definition than the real you. It also gives an indication of how others perceive you.

Your Personality number is 12/3



Many men with a 3 Personality are usually handsome; women often strikingly beautiful. Your vibration is full of life. You are uplifting, inspiring, and charming. You are a fun person to be around. Your wit and sparkling personality make you the life of a party. You are extroverted and optimistic. You appreciate fine clothing and jewelry and enjoy dressing up a bit. You like glamour and are sought after by the opposite sex. You are a romantic. You fall in and out of love rather quickly. You are affectionate and giving.

Do not let your charm be an incentive to play too much. Work at developing deep and lasting relationships. You have to avoid scattering your attention for popularity. You can be flippant about commitments and may dramatize or exaggerate. Your wit can cause you to rely too much on superficial, humorous conversation.

You have a distinct "lucky streak" that attracts many opportunities throughout your life. You also have a knack of promoting yourself as well as inspiring others. When backed up by hard work and self-discipline,

these qualities almost ensure your success.

THE HEART'S DESIRE - PERSONALITY BRIDGE

A Bridge number is based on the numerical difference between two closely related aspects in your chart. It is the gap you need to "bridge" in order to create a more harmonious bond between the two areas.

The following Bridge number connects your Heart's Desire and Personality numbers. It suggests things you can do to help your deeper self to align more closely with your personality; the "outer" you that is apparent to others.

With a little exaggeration, you could say that your Personality number is somewhat like your mask; it's a more superficial aspect you reveal to the world. You can imagine how much more comfortable and less inhibited the experience of life becomes when you can align your authentic self with the personality you show to the world.

Your Heart's Desire - Personality Bridge number is 1



You should rely more on your own strengths and abilities. Be more decisive; don't beat around the bush and be straightforward when expressing your thoughts and feelings.

You need to take charge more often. Get off the beaten path and find original ways of doing things. Do not try to be conventional or try so hard to behave according to the expectations of others.

PART II: THE PATH YOU ARE ON

If there was ever a moment of transformation, it was the moment of your birth. In that instant, you stepped into a new reality - the reality of human life and human consciousness. Even at that moment you were a person with your own unique character, as unique as your DNA. The previous chapters focused on YOU, the person you are, as revealed in the letters of your name. It is now time to look at your Path, the road you walk through life, using the numbers found in your date of birth.

Your first breath marked the beginning of your journey on the road we call your Life Path. It makes sense, then, that the most important number in your numerology chart comes from the date of your birth. Your Life Path number gives a broad outline of the opportunities, challenges, and lessons you encounter throughout your life. It also reveals the strengths, specific talents, and characteristics you were given to help you overcome challenges and evolve into the best you can be.

THE LIFE PATH

Your Life Path number is considered the single most significant information available in your Personality Chart. It is derived from the total of all numbers found in your date of birth. However, it is important to keep in mind that the aspects described in the next few chapters will either complement, supplement, or sometimes weaken the attributes revealed in numbers derived from your name.

Your Life Path number is 17/8



You are gifted with natural leadership and the capacity to accumulate great wealth. You have great talent for management in all areas of life, especially in business and financial matters. You understand the material world; you intuitively know what makes virtually any enterprise work. Your talent lies not with the bookkeeping or petty management, but with the greater vision, its purpose, and long-range goals. You are a visionary and a bit reckless.

You possess the ability to inspire people to join you in your quest, but often they are incapable of seeing what you see. Therefore, those around you need your continual guidance, inspiration, and encouragement. You must prod them into action and direct them along the lines of your vision.

You attract financial success more than any other Life Path, but effort is required. Your challenge in life is to achieve a high degree of detachment, to understand that power and influence must be used for the benefit of mankind. Those born with the Number 8 Life Path, who do not understand the real and relative value of money are bound to suffer the consequences of greed; they run the risk of losing it all!

You must learn to bounce back from failures and defeats. You have the character and resilience of a true survivor. It is not uncommon for a person with your Life Path to experience major reverses, including bankruptcies, financial failure, but you also have the talent and the sheer guts to make more than one fortune, and build many successful enterprises. More than most people, your failures in marriage can be extremely expensive for you.

Despite the difficulties that life presents, you will experience the satisfaction that comes from material wealth and the power that comes with it. Business, finance, real estate, law, science (particularly history, archeology, and physics), publishing, and the management of large institutions are among the vocational fields that suit you best. You are naturally attracted to positions of influence and leadership -- Politics, social work, and teaching are among the many other areas where your abilities can shine. You are a good judge of character, which aids you well in attracting the right people to you.

Most 8s like large families and sometimes tend to keep others dependent longer than necessary. Although jovial in nature you are not demonstrative in showing your love and affection.

The desire for luxury and comfort is especially strong in you. Status is very important. You must be careful to avoid living above your means.

Your Life Path treads that dangerous ground where power lies -- and can corrupt. You may become too self-important, arrogant, and domineering, thinking that your way is the only way. This leads inevitably to isolation and conflict. The people you run the risk of hurting most are those you love, your family and friends.

Be careful of becoming stubborn, intolerant, overbearing, and impatient. These characteristics may be born early in the life of an 8 Life Path, who often learn these negative traits after suffering under a tyrannical parent or a family burdened by repressive religious or intellectual dogmas.

Those with the 8 Life Path usually possess a strong physique, which is a symptom of their inherent strength and resiliency.

THE BIRTH DAY NUMBER

The day you were born bears great significance in understanding who you are and where your talents lie. Your day of birth indicates special talents you possess. It gives us an indication of the approach you will take toward the goals, opportunities and obstacles you encounter on your Life's Path.

Your Birth Day number is 18/9



You are broad-minded, idealistic, and compassionate. You should obtain a wide education, especially in the arts. You are highly creative. Many great artists are found under this number.

You must come to truly understand life to be of greater service to society. You have a greater social role to play that will require a blend of the practical and the humanitarian. You must have a keen sense of what will work, but at the same time directing those efforts toward some greater good. Your challenge is to find a place for yourself that has some direct benefit to others. The more you can be of service to humanity, the greater will be your personal reward on all levels -- from the material to the spiritual.

Children born on the 9th day usually take their time before choosing a profession.

You are socially oriented and have a gift of charm. You are well-liked and even admired by others. You can relate to people in all walks of life. You have a broad vision of the world and can see the grand scheme of things, including international politics and great social movements. You express your feelings well, but sometimes can be a bit dramatic. You have a strong interest in philosophy and metaphysics. Nines tend to attract money from other sources, such as inheritance or a stroke of "luck".

There is an element of sacrifice in the number 9 that demands that you learn forgiveness and unconditional love. You must avoid negative attachments. Do not hold on to people or situations because you feel that justice has not yet been done, or that someone still owes you something. Your task in life is to truly let the universe judge such situations and rely on your own forward-moving life path to bring you the necessities and rewards you deserve.

THE LIFE PATH - BIRTH DAY BRIDGE

Your Life Path and Birthday numbers are closely connected and influence each other. This Bridge explains how you can make the connection between them more harmonious.

Your Life Path - Birthday Bridge number is 1



Your Life Path and Birth Day Bridge is 1, which combines individualism and personal power. Strive to recognize your moments of inhibition and question their source. Work on becoming franker and more direct. This has less to do with fear or insecurity than with trusting yourself and your instincts.

Consider the way most children lack inhibition or hesitation when responding to others. They are often painfully honest, but entirely without malice. Find a balance between refreshing directness and unnecessarily hurting another's feelings. Personal power is not the result of gaining authority, admiration or superiority - it comes from knowing who you are.

CHALLENGES; YOUR FIRST CHALLENGE

You face four specific Challenges in your lifetime. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

These Challenges place you in situations that require you to face the particular lesson at hand. This provides an opportunity for you to learn or better integrate personal traits that will benefit you during the lesson, and throughout your life.

The four Challenges in your chart will influence you during the periods of your life listed below.

The duration of your First Challenge usually lasts from birth until age 30 to 35.

Your First Challenge is 3



You are your own worst critic. You suppress your individuality and creativity. Each time you want to make an impression, you doubt yourself beforehand, and criticize yourself ruthlessly afterward. Your criticism of yourself is far more severe than anyone else's. As a result, you tend to play it safe by staying on the surface, indulging in superficialities. You rarely express what goes on deep inside of you; instead, you cover up your feelings with humor or perfunctory remarks.

You often feel alone and lonely. Your fear of social interaction causes you to strain conversation by making too many jokes and forced joviality. It may help you to find a creative outlet for your imagination, possibly through writing, painting, singing or dance.

At the bottom of the challenge is an effort to bring out your true self. You will learn to truly value your own creative talents above anyone else's judgments. This must be viewed as a process of individuation, in which you become a whole human being, independent and free of the need to conform to others.

THE SECOND CHALLENGE

Your Second Challenge is in place from approximately age 30 through 55.

Your Second Challenge is 7



You are highly skeptical of anything that cannot be proven to you. You are particularly doubtful of anything having to do with spiritual matters. It is, therefore, difficult for you to find a personal philosophy that would give you peace of mind and insight into the purpose of your life.

You repress many of your natural inclinations because they do not fit into your intellectual or rational thinking. You need the part of your being that you are now repressing: the child within.

All the characteristics that have to do with the irrational and holistic side of life -- spirit, humor, playfulness, and intuition -- are being shut out. Your challenge is to find some philosophy and, ideally, a community that will give you additional perspectives, and force you to bring out the many other characteristics that are a fundamental part of you. Otherwise, you risk loneliness and isolation. You have to learn faith.

When you consider that most of life is made up of the invisible world -- thoughts, emotions, insight, and love -- you can begin to appreciate that only a small part of life is within the domain of your senses.

You may have too much pride. You may experience a deep and humbling transformation that will set free the inner being you are keeping trapped within you.

THE THIRD AND MAIN CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge and incorporate its positive aspects into your character, your life gradually feels more in control. There is a chance for great reward implicit in this challenge. In short, it may offer the secret to your success.

Your Third and Main Challenge is 4



You tend to be disorderly and disorganized. You are impractical and tend to fantasize about projects or possibilities that have little value or future. You must learn to discriminate between iron balloons and those that will fly. You have difficulty finishing projects because your vision becomes chaotic and loses track of the path ahead.

You have to learn to be aware of the details. Keep your environment clean and orderly. Be efficient.

You have the ability to be practical and organized but you must learn their value. This will cause you to incorporate them into your daily life and give you the basis for success.

This is the challenge of building a lasting foundation for your life. You will need perseverance and repeated effort. Get-rich-quick schemes will likely backfire; persistent effort is the key to your future happiness.

THE FOURTH CHALLENGE

Your Fourth Challenge is most strongly felt during the latter part of your life, beginning at approximately age of 60.

Your Fourth Challenge is 4

Melanie, you are repeating your Third Challenge

PART III: YOUR PATH AND YOU

We have focused on the letters of your name and the numbers from your date of birth. We will now look at numbers in your chart derived from the combination of both your name and the date of your birth. Acquiring the attributes described in the next few chapters will help smooth your progress. As you learn more about yourself, you may begin to recognize traits you were previously unaware of.

THE LIFE PATH - EXPRESSION BRIDGE NUMBER

This Bridge has the potential to "close the gap" between the Life Path and the Expression numbers. The chapter explains how you can make your talents, strengths, and specific abilities (your Expression number) more readily available and fitting to your goals and personal growth.

Your Life Path - Expression Bridge number is 3



Your 3 bridge suggests there could be a distinct gap between your understanding of what your talents and strengths are, and the way you approach the opportunities and challenges you encounter. You likely experience a reluctance to grab opportunities when they come your way, preferring to hold on to what you know rather than reaching for something new and different.

This is not due to personal preferences, but to a lack of confidence, which can also impair your ability to express yourself with clarity and conviction. You become more confident and communicate better if you are able to relax and have faith in yourself. Loosen up a bit. Be more generous to yourself and less concerned with others.

MATURITY NUMBER

Your Maturity number indicates an underlying wish or desire that gradually surfaces at around age 30 to 35. A direction begins to emerge as you gain a better understanding of yourself. With this self-knowledge comes a greater awareness of who you are, and the direction you want to set for your life.

Your Maturity number is 13/4



Your maturity will find you increasingly practical, organized, and far more down to earth. You will be capable of putting your ideas into concrete form. Your latter days promise to be a time of accomplishment and activity. You become more focused and goal-oriented and less willing to discard details and cut corners. There is little interest in a quiet retirement. You are too involved in seeing your plans and efforts come to life.

Your family and friends will profit from your four-maturity number because of your increasingly helpful and reliable nature. However, you must guard against becoming rigid, narrow minded, and opinionated, especially if already several fours are found in your chart. If you are lacking 4s, or have only one or two of them, you will benefit by your increased understanding of systems, organization, and the rewards of a methodical approach to life.

It will do you good to take your time to relax and enjoy the flowers every day.

PERIOD CYCLES; YOUR FIRST PERIOD CYCLE

Like most stories, there are three distinct stages of your life. Your First, Second, and Third Period Cycles come from your month, day, and year of birth respectively. Together they form the foundation of your Life's Path.

The First Cycle begins in childhood and lasts through your late 20's. It's a quest for knowledge and identity while you cope with the powerful forces that are present in your environment. These forces include your parents and the socio-economic conditions of your family, for example.

The Second Cycle covers the middle period of your life, bringing about the slow emergence of your individual and creative talents. This cycle begins in the early and mid-30's while struggling to find your place in the world. The late 30's, 40's, and 50's, bring a greater degree of self-mastery and influence over your environment.

The Third Cycle starts approximately age 55, and represents a flowering of your inner self as your true nature comes to fruition. It is during this period that you have the greatest degree of power and self-expression.

Your First Period Cycle runs from birth until your mid 30's.

Your First Period Cycle is 6 and lasts until age 28



Family issues and friendships, both positive and negative, dominate your early and teen years. Your childhood and early adulthood are likely a roller coaster of love and disappointment, protection and abandonment. You may be the victim of bullying, but you also make friendships that will last a lifetime. Your deep experience with family and intimate relationships teaches you the value of stability and loyalty.

This cycle seeks harmony in relationships and the expression of feelings, if not through relationships, then through art. You are likely drawn to the visual arts or music.

SECOND PERIOD CYCLE

Your Second Period Cycle runs from your mid 30's until your late 50's.

Your Second Period Cycle is 9



This is a period where you develop a broad view of humanity and sincere concern for the well-being of others. Tolerance, acceptance, and universal love are the goals of a 9 Cycle, and people under its influence move toward those ideals.

Humanitarian principles and social service are the keys to personal happiness in a 9 Period. Hard work directed toward higher ideals is rewarded. Creative talent is enhanced, especially when joined by a larger social purpose or message. There is an element of sacrifice or letting go, as you are asked to forgive past grievances and part with negative attachments. You are inspired to live according to a higher ethical standard, with personal enrichment as reward.

THIRD PERIOD CYCLE

Your Third Period Cycle covers the later part of your life, starting in your early 60's.

Your Third Period Cycle is 2



Melanie, the later part of your life finds you increasingly intuitive, relying more on your heart than on your mind. You become less inhibited, as you gradually lose the fear of showing your true and deeper self. You are more direct and less hesitant to express your feelings. You rely on your gut feelings more often. "If it feels right, it probably is," could become one of your stronger convictions. You are better at working with people and you become a master in the fine art of persuasion.

Younger people, and others, are drawn to you - especially those who live with difficult circumstances and those who could use your help. You may well discover a talent you have not previously considered, perhaps in the visual arts.

PINNACLE CYCLES; YOUR FIRST PINNACLE CYCLE

Although Pinnacle Cycles and Period Cycles are both derived from your date of birth, they differ in the way you experience them. Period Cycles, described above, reflect internal stages of growth. Pinnacle Cycles represent the external influences you encounter in life.

Pinnacles reveal general conditions and events you experience during each period, such as your environment, social conditions, relationships, and changing circumstances. Pinnacles reveal how you might respond to these influences and how they will affect your ever-evolving personality.

The transition from one Pinnacle to the next is usually strongly felt. You begin to feel the transition from one Pinnacle to the next approximately two years in advance. The latter part of that two-year period can be particularly strong. You will likely make life-altering decisions, such as marriage, a job or career change, or major changes in your personal makeup.

Knowing and understanding your approaching Pinnacle number prepares you for the changes ahead. Perhaps the most strongly felt change is the transition from First to Second Pinnacle, which usually takes place in your late 20's or early 30's (the exact date depends on your Life Path number). This is usually a difficult transition but once crossed, provides a clear sense of direction and a firmer sense of identity.

Your First Pinnacle cycle is 6



Under this Pinnacle you will be very involved with family, friends, and your community. You will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well. Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. Melanie, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world. You must maintain your

dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

Melanie, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits. Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

THE SECOND PINNACLE CYCLE

Your Second Pinnacle Cycle lasts nine years and tends to have a considerable influence on your productive/professional life.

Your Second Pinnacle cycle is 11



This is a challenging period in which you are at a high point of sensitivity and intuition. There is so much going on in your psyche that you can suffer much confusion over direction and identity. On the other hand, there is a wide-open channel between the personal consciousness and the higher realms of the unconscious. You are constantly being inspired and even assaulted by information and insight. Because of the intensity of these revelations, you must learn to ground your life in faith and a practical vocation that keeps your feet on the ground every day.

This is a period of enormous spiritual and personal growth. You will come out of it with a highly uncommon clarity and understanding of life. At the same time, it is a period of enormous demands, emotionally and spiritually. Any attachment you might have to specific identity traits -- who you think you are and why you are here, for example -- is constantly challenged. There is a desire to settle into some field or way of life to attain stability, but the energy of this Pinnacle is not allowing it. It is as if there is a destination, or destiny, to which you are being driven. You do not feel in control of this process. Instead, you are acutely aware of the forces that are shaping your life. You must surrender to them.

Meanwhile, you experience the emotional turmoil that can come with this highly charged period. There is a definite, even compelling, sense of being different. You are aware of a feeling of receiving special attention from spiritual forces. Your perception of life is somehow more acute than others; you see more clearly and more spiritually due to your high degree of sensitivity. It is as if you have a perfectly accurate peripheral vision, in which everything stands out in sharp relief. At times you may feel that you can see into the souls of things. At the same time, you may feel like a foreigner to the earth. You are completely impractical. Sometimes you may feel that you do not understand the workings of the physical world. Practical things escape you. You feel awkward and clumsy at times and are aware perhaps how fluidly other lives are going. This increases your sense of being an outsider.

More important than all the awkwardness and feelings of being different is the overwhelming sense of having a purpose or a message to reveal that will make other people's lives happier, healthier, and more at peace. You want desperately to bring this out.

The challenge of the 11 Pinnacle is to remain grounded and attached to this dream. You must find practical and useful ways to be of service to others, at the same time developing yourself so that one day you may be able to bring forth that which is within you.

The influences of this period make you highly creative, innovative, and inventive. You have a completely unconventional approach to problems. Trust your intuition, seek harmonious settings to restore your sense of inner peace, and work hard to keep your feet on the ground. This period will bring great rewards on all levels, and with perseverance you will find your rightful place.

THE THIRD PINNACLE CYCLE

Your Third Pinnacle Cycle also lasts nine years. Like your Second Pinnacle, its effect is felt primarily in your career or business environment.

Your Third Pinnacle cycle is 8



Melanie, under the influences of this Pinnacle, you will have greatly enhanced talent for dealing successfully with business and finances. This is a time of material growth, a time of expansion and reward. It is the cycle of harvest. The 8 Pinnacle also increases your personal power. You have sound judgment and vision. In fact, this is the basis of your financial success. People sense your power and effectiveness. They defer to you much more easily and look to you for answers. This makes it easier for you to use power without having to be a bully or force your way through situations. They perceive your able-ness and want to join you in your vision. Others have faith in you.

You will be able to organize large enterprises. Problems do not threaten you so much as provide a challenge. You yourself sense your enhanced personal powers and feel a growing sense of stability and centeredness.

You will be capable of influencing matter in an almost magical way. As a result, you are extremely goal oriented, moving toward the realization of your dreams with confidence and clarity. Your challenge during this period is to maintain a hold on your human and spiritual values. You must remain balanced between heaven and earth. There will be enormous temptations to make money and status your only priorities, excluding the more human or immaterial matters entirely. This will undoubtedly lead to losses. You are being tested and instructed in the real value of money -- it's natural place in life. If money is placed on a high altar, overshadowing all other facets of life, you will become its slave. If you are balanced in your approach to money, and have proper perspective, this can be a truly rewarding period, both materially and spiritually. That is the true promise of the 8.

The number 8 symbolizes the balance between the finite and infinite, matter and spirit. It offers a great opportunity to grow.

THE FOURTH PINNACLE CYCLE

Your Fourth Pinnacle Cycle lasts for the rest of your life.

Your Fourth Pinnacle cycle is 8

Melanie, you are repeating your Third Pinnacle Cycle

PART IV: SPECIFICS ABOUT YOU

Although the following chapters deal with less dominant aspects of your chart, they are more narrowly defined and specific in the ways they affect you.

THE RATIONAL THOUGHT NUMBER

Your Rational Thought number comes from combining the sum of your birthday number with the sum of your first name. It reveals the style or process you use when making choices or considering a problem. Are you a structured, logical thinker or do you ponder a question in a creative, abstract manner? Do you daydream or stick to deductive reasoning?

Your Rational Thought number suggests the general approach you take in your thought process.

Your Rational Thought number is 5



You have a flexible and adaptable mind. You are quick with solutions, and you can think on your feet. You have the cunning of a fox. You can talk yourself out of the tightest situations, but your priority is often winning the contest, not being right.

You love to reinvent the wheel. You have no fear of trying an approach that seems far-fetched to others.

Your adaptability is unique, and you often manage to turn a difficult situation around to make it work in your favor.

THE BALANCE NUMBER

Your Balance number provides guidance on how to best deal with difficult situations.

People experience a variety of internal responses to life's challenges. Some step back from difficult situations to ponder a course of action while others withdraw to avoid uncomfortable emotions. Some explode with anger but allow the outburst to pass quickly while others let their feelings linger.

Very often, these are conditioned responses that emerge without thought or analysis. With maturity and self-development, we incorporate new and more effective methods of handling situations we encounter.

Your Balance number is 8



Use your considerable power in a balanced way Melanie. You may use power in a manipulative way, rather than confront people on principle. Use your power in a higher way, namely, by accepting personal responsibility for the issue and its solution. You have enormous creativity and the leadership to find an answer to almost any problem.

Try not to force your own solution upon groups but include their concerns and ideas in the larger solution that you can bring about, learn to use power for the good of all.

THE HIDDEN PASSION

Your Hidden Passion reveals specific strengths or talents that are available to you, such as a specific field of expertise or (as the name implies) a passion. Metaphorically, this talent or passion may be seen as having a power all its own to help shape your life.

Having a talent demands that you nurture and express it. Your Hidden Passion gives you the desire to develop and express your particular ability. In this way, it shapes your personality and guides your life.

In the graphic below, each square represents the number value of the letters 1 through 9. The top left square tells you how many ones are found in your full name at birth. The one next to it shows how many twos are in your name, and so forth. The number that is found most often in your name is your Hidden Passion. There can be more than one.

Your Hidden Passion number is 5

You love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages and are generally good with words. Writing, promotion, and public relations work suit you perfectly. You are resourceful and original. You have a good sense of humor and a quick tongue.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely. Melanie, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

Commitment in relationships and your work is fundamental to your happiness. You may tend to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

KARMIC LESSONS

Karmic lessons are recognized by the absence of certain letters in your name and describe areas we are weak in that require recognition and effort to overcome.

The letters in your name point to talents and abilities that you possess; tools that are available to you. Missing letters imply tools that are unavailable, they must be learned and mastered during your lifetime.

You can have more than one Karmic Lesson or, if every number is represented your name, you don't have any.

Although you may feel you have learned to overcome one or more of your Karmic Lessons, you will continue to be challenged by them throughout your life.

Your Karmic Lesson is 7

You need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self-condemnation, in order to bring your abilities to their full development. You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

THE CORNERSTONE

The first letter of your first name gives an additional indication of your character, particularly in the way you approach opportunities and obstacles. This first letter is called your Cornerstone.

Your Cornerstone is M



You are energetic and hardworking with a touch of the workaholic. You are efficient and do not tire easily. You likely have a strong physical constitution. You are domestic and want financial security.

You are tolerant and can endure hardships. You have to be more patient with others.

THE SUBCONSCIOUS SELF

Your Subconscious Self is based on how many numbers are represented in your name, and indicates your ability to make the most of your talents and opportunities, especially when you face new, challenging, or even dangerous circumstances.

Your Subconscious Self number is 8



You handle unexpected situations in an efficient manner and often manage to get the best out of it. You learn quickly and usually do not repeat the same mistakes. You want to be rewarded for your efforts and relate your success to the material aspects.

You are dependable and solid in almost any kind of situation. You do not panic or scare easily. You have a business-like attitude to problems and realize quickly what needs to be done. You have a good understanding of money and matter. You are a survivor. You show leadership and organization and are physically courageous and competent.

PLANES OF EXPRESSION; THE PHYSICAL PLANE

You experience life on four different levels: physical, mental, emotional, and intuitive. Your Planes of Expression indicate how you function on each of these planes.

Your physical plane links you to the material world.

Your mental plane, like the emotional and intuitive, perceives the invisible world; the realm of thought and reason.

Your emotional plane is preoccupied exclusively with feelings.

Your intuitive plane gives you access to the insight and knowledge that comes effortlessly as if placed at the doorstep of your mind.

In each category, the number of letters, and their numerical value, gives an indication of which Planes of Expression are stronger in you and which are weaker. Each of us is dominated by one or two of the first three planes. The physical and mental are the most widely used, although a name dominated by emotional letters is not uncommon. The intuitive plane is usually the least utilized. A name dominated by intuitive letters is extremely rare but having no intuitive letters in a name does occur. This does not mean a lack of intuition but points toward a tendency to ignore or distrust intuitive insights.

The Physical Plane represents the physical letters in your name.

Your Physical Plane of Expression is 27/9



You have a strong presence. You are charismatic and have a dramatic flair in your personality, which may direct you to the theater.

You are also drawn to politics, publishing, promotion, and public service -- any career that requires a certain amount of time before the public. You are attracted to doing things on a large scale.

You are a humanitarian. You are concerned about the wellbeing of society. You have a great deal of compassion, tolerance and generosity. You are highly idealistic and a bit of a dreamer. You are not particularly practical, however. Very often, you are not understood by others, and sometimes considered indifferent and aloof.

In some way, you want to please everyone and tend to give promises that may be impossible to keep.

If you develop your abilities, you have a significant chance to become famous.

THE MENTAL PLANE

The Mental Plane is based on the mental letters in your name.

Your Mental Plane of Expression is 26/8



Melanie, you have a great talent as a business person. You can manage large corporations and institutions. You understand how to organize people and direct them toward some larger common goal. You are highly ambitious and competitive. Money and power are essential to your sense of identity and self-respect. You must guard against arrogance and superiority. You can be imperious.

You are demanding of yourself and others. You seek excellence in all things and refuse to settle for less.

THE EMOTIONAL PLANE

It is not uncommon for a person to have a name dominated by emotional letters.

Your Emotional Plane of Expression is 51/6



You are highly emotional, yet you possess a rare degree of balance to which you can turn. You love family and close friends as few people are able. You worry too much and feel responsible for other people's actions. You take justice and honesty with extreme seriousness; however, you may be too disciplined.

You have artistic talent. You like to help others more than most and are willing to sacrifice your own needs. You have an ability for teaching and healing. You need much love and can give the same in return. You are highly idealistic, and very committed once you decide upon your soul mate.

THE INTUITIVE PLANE

A name dominated by Intuitive letters is extremely rare. It is, however, not at all uncommon not to have any intuitive letters.

Your Intuitive Plane of Expression is 0



You don't have any letters on the Intuitive Plane.

It is not uncommon to have no Intuitive letters in your name. This doesn't mean you are not intuitive but that you have a more difficult time to access your intuition. The letters in your name are less representative of your strengths and talents, than of your ability to access and use them.

PART V: HOW YOUR CURRENT NAME AFFECTS YOU

The influence of the short name (the name you use to introduce yourself, including your last name) is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers, and their related characteristics, that are missing or out of balance in the full name.

THE MINOR EXPRESSION

Your current name forms the basis of your Minor Expression number. It is usually the first and last name you commonly use to introduce yourself (not necessarily the name you received at birth).

The influence of your short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for letters or numbers missing in the full name.

The name you currently use, also affects how you feel about yourself.

If a name change takes place later in life for marital or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or latent talents.

Your Minor Expression is 6



Your short name adds love, warmth, generosity and genuine concern for others. It increases your concern for family and those less fortunate than you. You are better equipped to deal with duty and responsibility and even find greater satisfaction in it.

You want to do good in the world. You become more socially conscious and seek ways to better the plight of others.

Your artistic abilities are enhanced. You are more concerned with beautifying your home or engaging in healing and teaching.

THE MINOR HEART'S DESIRE

The vowels of the name you currently use to introduce yourself are the basis of your Minor Heart's Desire number.

Your Minor Heart's Desire is 5



Your shortened name encourages you to seek more freedom and adventure in your life. You want to become less conventional and more individualistic. Your native intelligence and imagination are enhanced. You are more dynamic, enthusiastic, and flexible. You attract more excitement into your life. It is easier to adapt to changes with this Minor

Heart's Desire.

THE MINOR PERSONALITY

Your Minor Personality is based on the consonants of your current name and reflects, at least to some extent, how you think, or hope, others might perceive you.

Your Minor Expression is 10/1



You are recognized as a pioneer; you have your own ideas of how to do things. You are a risk-taker, original and highly creative. You should be wary of appearing too aggressive or unreceptive. You can intimidate people if you don't soften your exterior somewhat. By doing this, you will attract less confident people who will be more willing to approach you

with their thoughts and suggestions.

PART VI: YOUR FUTURE

The next chapters deal with your ever-changing cycles and how they affect you.

YOUR PHYSICAL TRANSIT

The individual letters of your name are used to find your Transits.

Your name is like music that vibrates in time; each note, or letter, has a specific duration and influence over the course of your life.

Your life can, therefore, be seen as a musical score, with individual letters making specific contributions at given points, just as notes in a musical piece give it its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

Your Physical Transit for age 47 and 48 is N



The N transit delivers opportunities to expand your horizon. It is an adventurous period, increasing the possibility of travel or a change in residence.

This is a dynamic time offering new activities and opportunities to make important social contacts. You seek love and fulfillment and are likely to feel more sensual than usual. Sacrifice, adaptability, and flexibility are called for. You will also be concerned with finances and may worry too much about these matters.

You may be more forgetful during this transit. Exercising your intuition is important during this period.

YOUR MENTAL TRANSIT

The Mental Transit is based on your middle name

Your Mental Transit for age 47 and 48 is Z



This is an inspiring period. The Z transit makes it easier for you to overcome limitations and make substantial progress in your life. Financially, this can be a good time as long as you stay focused, work hard, and avoid schemes. You are able to make accurate judgments

based on sound intuition. A new and unusual relationship is possible, which could cause numerous changes in your life, including a change in residence.

YOUR SPIRITUAL TRANSIT

Your Spiritual Transit is based on your last name.

Your Spiritual Transit for age 47 and 48 is E



The E Transit helps us feel inspired and helpful. It brings increased possibilities for travel and changes in your career or residence. You are more attracted to new and adventurous experiences, including love affairs or marriage.

Although the E is a good letter for finances, you may be less focused or carry a frivolous attitude, which could adversely affect your chances for material progress.

You may find yourself attracted to a new religion or philosophical idea.

YOUR ESSENCE CYCLE

Your Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year; which types of behavior will be supported by your milieu and which ones will be less effective.

If one or more of your Transits change after your birthday this year, you will find two Essence cycles. If you only have one Essence, it means none of your Transits changed.

Melanie, Your Essence for age 47 and 48 is 9



This is a period during which your ideals will be tested and forged anew. Melanie, you will be broadened in ways that you would never have dreamed possible. You will likely experience a dramatic psychological and spiritual expansion. Old relationships that no longer have a place in your life will be let go of. Even old habits or characteristics that you believed were fundamental to your identity seem to evaporate. There is a need to forgive those in your past and let them get on with their lives, as you must with yours. Hanging on to negative attachments, either out

of anger or a sense that justice has not yet been done, will bring you much misery and, if the courts are involved, protracted lawsuits.

You now have the ability to reach out to the masses. This is a time requiring much self-sacrifice and service to others. You are deeply affected by the pain and sufferings of others, and will feel a need to change your milieu or society for the better.

Those in the arts, especially actors, writers, and other performers, will see an enhancement of their talents and the opening of many new opportunities for advancement.

Your focus is outward in a big way. Teach, perform, and advance society in your own way. Dedicate yourself to a higher cause. These are the areas that will meet with much success. Conversely, selfishness, negativity, and pettiness will blow up in your face. The time demands a broad view of life. You are now the visionary, who must see the greater trends in humanity. Out of this will come much compassion for all. This is the lesson of the period: That as you work for the greater good of society, you will be personally rewarded, so much so that your cup will runneth over.

YOUR PERSONAL YEAR

Your Personal Year number is a strong indication of the trends and circumstances you experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and, therefore, run concurrently with the calendar year. (Transits and Essence cycles are based on the letters of your name and run from birth date to birth-date.) There are nine personal year numbers in a complete Epicycle.

Each Epicycle reveals the progression of a specific part of your personal evolution. Your progress along this Epicycle can be seen quite logically, from the beginning of a growth period to the conclusion or culmination of that process. The 1 personal year describes your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle.

Below is a description of your current Personal Year. It indicates where you are on the 9-year Epicycle.

Your Personal Year cycle for 2021 is 2



This is a year to carefully protect and nurture your plans. You will be like a mother watching over her children, conscious of every threat, real or imagined. You need tact and cooperation to keep yourself moving forward. There will likely be confrontations with others, requiring a subtle and gentle approach. You will have to stay focused on your goals, yet use intelligent persuasion. Being forceful may work against you; compromises will work in your favor.

You will be unusually sensitive and may wonder at times what happened to the drive and momentum you felt last year. This year requires something else from you now -- a delicate sense of balance and a

willingness to go around obstacles, without losing sight of your goal. You may also experience some emotional depressions and frustrations. The year is marked by struggle, but there are many opportunities to advance your plans. This is a year of slow growth, requiring patience.

Be discriminating in your associations and secretive about your plans. Don't talk too much about your ideas; be a bit secretive; guard yourself and your ideas. You are somewhat vulnerable this year.

This is a good year to improve yourself through reading and research. Your growing awareness of the less visible and less obvious aspects of life will make you much stronger and better prepared for the future.

You must be wise in all your relationships and associations this year. You are far more capable of establishing close, even lifelong relationships this year. Because sensitivity and openness are heightened, many people find their "soul mate" in a two year.

May is the pivotal month in the year. You are extremely intuitive and sensitive. You are also self-reflecting and better able to influence your peers and situation through spiritual awareness. July brings a culmination of plans and a distinct step forward. August sees things become more concrete and brings a new beginning. September is emotional, requiring adjustments, tact, and inner resolve. The 2 year is a year of growth and advancement, but through gentle means, and the indirect use of your personal power.

Your Personal Year cycle for 2022 is 3



This is a year of expansion and personal growth. It is a time of heightened personal expression. Creativity and artistic talent come to the forefront. You are lighthearted and drawn to all kinds of social events. More than most other years, you will entertain and be entertained. You meet new and exciting people. It is a time to appreciate all that you have.

You are highly dynamic and charismatic. Your challenge is to avoid scattering your energies. You have a rare opportunity to bring forth new and creative ideas. But that requires discipline and focus. It is easy to be optimistic and enthusiastic this year and this may result in speeding up your projects. Yet there will be delays and disappointments unless your enthusiasm is based upon the reality of work and concentration.

This is a pleasant time in which friendship is enjoyed and love shared easily.

This is often a good financial year, particularly if your creativity is well directed. Surround yourself with upbeat and positive people.

You may travel more than usual, which in all likelihood will be filled with exciting people and pleasure. Control this year's tendencies towards glamour and extravagance, yet allow yourself more room to enjoy and celebrate.

You communicate well this year and are more capable of getting your ideas across.

February brings changes; June sees the completion of a project and July signals a new beginning. August can be emotional, as can November.

YOUR DUALITIES

How the yearly cycles affect each other.

Your Essence and Personal Year cycles are distinctly separate energies that influence you in different ways. Your Essence reflects your mental, emotional, and spiritual state of mind at a particular time in your life and feels like an internal influence; it's a stage in your personal evolution. Your Personal Year cycle, however, feels more external.

Your Essence and Personal Year cycles overlap creating a duality which produces its own influence. Most importantly, it tells us how you can get the most out of your mix of Personal Year and Essence cycles by looking at their combined influence.

Personal Year cycles run concurrent with the calendar year and change every year, while Essence cycles run from birthday to birthday and can be anywhere from one to eighteen years, sometimes even longer. Therefore, you can have either two or three Dualities during any 12-month period. Three, if your Essence changes (one before your birthday, one after your birthday, and another when the new year starts). If your Essence doesn't change, you have two Dualities, one for each calendar year.

For the purpose of Dualities, Essence cycles with Master Numbers (11, 22, or 33), or Karmic Debt numbers (13, 14, 16, or 19) are reduced to single digits, as their effect in the context of Dualities is indiscernible.

Your Duality before your birth day in 2021 is 8 and 2

Melanie, an 8 Essence in a 2 Personal Year is a tricky combination. It combines the most vulnerable, emotional, and sensitive yearly cycle with the most controlling, decisive, and ambitious Essence cycle. To avoid conflict, they will require careful balancing, especially when money, business, or career have the potential to affect personal feelings (as in a partnership or family business).

During this period, you will need to take one approach in your profession and pretty much the opposite in your personal life. Your 8 Essence will lend a results-oriented, ambitious state of mind that could, at times, be somewhat aloof and indifferent to others. This can be acceptable in business dealings, but it does not work well in personal relationships. The 8 can become irritated more easily and would often rather 'take care of business' than be sidetracked by the problems of others. If your work requires a caring touch such as human services, education, medicine, or social work, you may not feel as empathetic and responsive as you usually do.

The other side of the conflict comes from an 8 Essence being present during a 2 Year. Your 2 Year affects the events and circumstances you will encounter. The 2 will place you in situations that require you to respond to the feelings of others with sensitivity. It desires tact and harmony – traits that are not priorities for the 8.

Your challenge will be responding sympathetically to emotional turmoil and relationship issues at a time when you are more interested in material gain and progress. Plus, you will need to keep relationship issues from hindering your ambitious project-related goals. Clearly, attaining a successful balance in both areas will take effort.

The upside of this team is that one cycle dominates in the professional and practical areas of your life while the other mainly affects your personal life. This works well if you heed the earlier suggestion to compartmentalize their traits. Be as driven and ambitious as you like in your career but leave your assertive persona at the door when you get home. It will probably be easier to focus on practical goals than to slow down and give attention to loved ones, but your relationships will benefit from the extra effort.

Your Duality after your birth day in 2021 is 9 and 2

You have a 9 Essence in a 2 Personal Year, Melanie, which offers some wonderful opportunities, as well as a few challenges.

Your 9 Essence cycle suggests you are at a time in life when you have a desire to simplify things. You may be tiring of situations or relationships that you recognize are holding you back. Your Essence influences your state of mind, your feelings, and the approach you will take to the situations you encounter this year. You will likely be seeking more time to yourself and less responsibility. Additionally, the 9 can make you feel a little distant from others and disinterested in emotional drama.

This is where the main challenge of this cycle enters. Your 2 Year will be busy delivering events that revolve around other people's needs at a time you may feel less able or interested in dealing with them. This attitude stems from your need to focus on your own issues, not from a lack of concern. Nevertheless, it might feel like the more effort you make to distance yourself from these situations, the more they appear. This could be the case in both your personal and professional life.

Although it won't always come easily, your best approach this year will be to move past any reluctance you have to be a support for others. Reach out and sacrifice part of your time even when you would prefer to walk away. In a 2 Year relationships very often contribute to - or are responsible for - the opportunities, improvements, and positive changes that are possible during this period.

This combination supports simplifying your life and minimizing your involvement in areas that no longer interest you; however, there is one important caveat. If your decisions affect other people, especially your loved ones and particularly where emotions are involved, examine your course of action carefully.

This period will require you to walk a fine line between streamlining your personal and professional life (discarding unproductive methods and unhealthy relationships) and nurturing the relationships you value.

Your Duality before your birth day in 2022 is 9 and 3

When a 9 Essence teams up with a 3 Personal Year wonderful things can happen. This combination should raise your originality and imagination to an all-time high; in fact, many traits from both cycles complement each other very well. This is not commonly the case with numbers that are otherwise so different in nature.

Your 3 Personal Year chapter mentioned there should be plenty of creative opportunities that encourage you to begin new projects enthusiastically. It also touched on the challenge that accompanies the somewhat scattered 3 i.e. its lack of focus and follow-through. This tendency could easily prevent you from completing inspired projects. A lack of organization, focus, and commitment are the most obvious shortcomings of this otherwise expressive, enthusiastic influence.

Fortunately, your 9 Essence can mitigate this concern to a large extent. Where your Personal Year influences the external events and circumstances around you, your Essence number affects your inner feelings and state of mind. One of the 9's main qualities is its desire to complete things, which will help compensate for the scattered tendencies of the 3.

In addition, both numbers are creative, although they express it in different ways. The 3 represents the verbal and performing arts such as storytelling, dancing, and acting. The 9 is the preeminent designer, with a skill for spatial awareness and a talent for combining colors and materials. For creative endeavors, the two are a match made in heaven.

Finally, the solitary, aloof, serious nature of the 9 will be largely offset by the social, exuberant, playful attitude of the 3.

There are also areas where this combination can have a less desirable effect. If your career or business is in the financial or legal field, be careful about making impulsive decisions or committing to long-term contracts (especially if they can be postponed until next year). If you are in construction or a creative field, the 9 and 3 produce a fortunate team. Sales, real estate, and retail also tend to do well.

Relationship issues and romance are not well supported by this combination. The (sometimes) superficial and unreliable 3, coupled with the distant and (at times) self-righteous 9 could off-put even your closest friends. With this in mind, make a conscious effort to be sensitive to and available for your loved ones.

PART VII: YOUR MONTHLY CYCLES

Monthly cycles follow each other in an orderly fashion; if your current Personal Month cycle is 1, the next will be 2, followed by 3, then 4, and so forth. However, this orderly pattern changes with the new year coming in. It is therefore possible to have a 7 Personal Month in December followed by a 5 Personal Month for January.

YOUR PERSONAL MONTH

The influence of a Personal Month gradually changes from one month to the next over approximately five days at the end and the beginning of each month.

Your Personal Month for March-2021 is 5



March brings some relief from last months' frustrating efforts to persuade others and to keep track of the details. This month will be hectic with some unexpected changes. Don't try to plan everything down to its final detail. Instead, be flexible and adapt to whatever comes your way. The expression "being in the flow", is instructive for most of this month, and you will be astonished by coincidences in which timing is crucial. Don't make financially risky decisions, especially involving business. Checking and double-check all your facts before going forward with your plans. Be skeptical! However, your ability to promote yourself, your plans, or a product is enhanced.

There will be many social events and opportunities. Take advantage of them. The chances of meeting new people who can support you in your endeavors are especially good. A letter or phone call from someone you haven't heard from in a long time may surprise you.

It's high noon for romance but be warned. You may not be as discriminating and cautious as you should be. Allow your rational mind to take a critical look at flattering admirer(s).

Your Personal Month for April-2021 is 6



Matters of the heart come to the foreground. Romance is now at the top of your list of opportunities. On the other hand, the month brings instability to outdated relationships, and some may end. You become aware of the need to let go of certain people, although final good-byes may not occur until July or early August of this year.

Your family and friends need more attention. You may find yourself playing the roles of mediator, comforter, and counselor. You'll be the one to offer the proverbial shoulder to cry on this month. A younger person, particularly, needs your love and attention.

There is an increase in your workload and responsibilities due to a promotion - or one that may be in the offing. The change may well bring financial rewards. April is a good time for finances, particularly those related to real-estate.

Your Personal Month for May-2021 is 7



May leads to powerful self-discoveries and intuitive perceptions. It is a highly spiritual time, causing you to withdraw from the hustle and bustle of daily life. Your focus is inward. You find yourself contemplating the mystery of your existence, your purpose in life, and your direction. You find yourself taking time off to read or meditate. It's an excellent time to take a vacation, but you may want to avoid group activities.

Social demands will make you irritable and out of sorts. Be with yourself or enjoy meaningful discussions with someone close to you. In this way, you may deepen your marriage or romantic relationship.

It is a time for wisdom and insights, even premonitions and revelations that have little to do with intellectual effort but are the result of heightened awareness and a free-flowing channel between your sub-conscious and your conscious. Be particularly alert to your dreams and the direction and insight they offer.

Your Personal Month for June-2021 is 8



The time is ripe to reach out and receive some of the fruits of your labors. It is a harvesting time, but the rewards are still dependent upon good relations with co-workers. Ask for a promotion, or a raise. Let those in the right positions know that you value the recognition and respect they bestow upon you.

You are in the right state of mind to deal with some tricky personality-clashes; solve communication problems; turn enemies into friends, and in many ways manipulate events through gentle persuasion. The numbers 2 and 8 allow you to handle sensitive issues with tact and diplomacy, as well as with authority and decisiveness. It is a good time for negotiations in every area of your life, personal as well as professional.

Romance is very favorable but can be spoiled by money issues. On the other hand, domestic affairs can be troublesome and can leave you feeling powerless unless you are willing to cooperate. Leave such issues alone for now. The domestic scene is better handled in July, when dealing with relatives is easier and goes more smoothly.

Your Personal Month for July-2021 is 9



July is both emotional and demanding. It is a month to take care of loose ends. Relationships that have been rocky of late will reach critical mass, to be worked out and deepened, or separated entirely. This is a testing period for relationships in all areas of your life. The 9 and 2 combination -- diplomatic, sensitive, and service oriented numbers -- advises that you avoid confrontations. Work with issues quietly and patiently.

At the same time, it is an excellent period to look inward and acknowledge your needs and desires. Let go of all that you have outgrown, including people, situations, material objects -- anything that you have outgrown. This month is your opportunity to avoid becoming an emotional and material packrat. July is a time to empty your cup and make room for new gifts coming your way. It is a transition period. You will likely experience deep emotions, even nostalgia, and melancholy. At times, you may feel exhausted. Such feelings are not altogether unpleasant. There is a cleansing and healing taking place at a very deep and personal level. You are not entirely conscious of all that is happening, and consequently you may have difficulty expressing your feelings to others. You may sense that you do not fully understand yourself. Give it time and much will be revealed to you.

An opportunity to be involved in a good cause may present itself, and your sacrifice will help you achieve stability and inner strength. This is a good time financially. Some payment may be received for something you'd forgotten, or for reasons you do not expect.

July is a month that requires balance: you are feeling emotional, but at the same time you must also focus on the needs of others. If you indulge too much in your feelings, especially self-pity, you will suffer more self-doubt than if you remain balanced between your needs and service to others.

Your Personal Month for August-2021 is 1



August brings new energy and a kind of restoration of life. There is a feeling of rebirth, excitement, a brightness in the air that wipes away the last residues of last month's bouts of gloominess and self-doubt. You want a change, a challenge, some goal toward which you can direct your enthusiasm. Well, that's what this month will bring. A new project, career change, something new. Keep in mind, however, that you are planting seeds now that must be nurtured and cultivated over the next year or so. In other words, you must remain focused on this dream to nurture it properly over time.

Don't take chances financially. Your optimism may make you impulsive and vulnerable. Remain cautious and research all propositions brought to you.

You will be introduced to new people and, if you are not already involved, one may turn into a passionate romance. Here, also, the careful approach can save some future heartache. The child in you is very much alive, trusting and believing that everything is what it seems.

While this is a very promising time for romance, keep in mind that a certain amount of rational examination is necessary to protect yourself. Wait until the end of next month before you surrender your heart to the person you are attracted to.

Your Personal Month for September-2021 is 2



This is an 11/2 Month. The number 11 (referred to in numerology as a Master number), is highly charged, sensitive and intuitive. You are extremely perceptive. Dreams are full of insight and seemingly irrational, and creative ideas should be examined seriously. Your most powerful asset right now is your inner antenna that is picking up vibrations that escape others.

Your relationship with co-workers is fragile, but this is due largely to your enhanced sensitivity. Don't take your emotions too serious. Increased sensitivity magnifies and exaggerates emotions. If you fixate too much on them, you'll do yourself a disservice. Overlook slights and let things pass without retort. People will come around.

Romance is still strong, but you must remain realistic. Last months' excitement and infatuation has given rise to self-examination. As with co-workers, long-term relationships and friendships are fragile right now. Again, be skeptical of your emotions; it's quite possible that you are making mountains out of molehills.

Cooperation, tact, patience, tolerance, and forgiveness are the key-words to make this month pleasant and successful.

Your Personal Month for October-2021 is 3



You need a break. If possible, take some time off to recharge your batteries. You need sunshine, relaxation, fun, and laughter with friends. The only career aspects favorably highlighted are those related to creativity, and inspiring and motivating those with whom you work. It's a good time to express the thoughts and ideas that you've been thinking about for the past several months. You can make a favorable impression on superiors, even with ideas that are a little daring.

Avoid stress and working under pressure now. The next five months give you the strength to survive and even prosper under pressure but avoid stressful situations this month. Postpone important financial decisions if possible, unless they have to do with "fun projects", such as travel, exercise equipment, creative endeavors, and the like. A modest amount of gambling can be healthy and has a better chance of paying off this month than most other months.

Romance is light and playful. Again, postpone important decisions in the area of romance.

Your Personal Month for November-2021 is 4



November is time to get down to business, to focus on work, and finish anything left undone. Pay attention to the details; don't procrastinate; don't cut corners. Get the picture? You are laying a foundation for the future, proving to yourself and others that you are worthy of the responsibilities and challenges you have taken on.

Your energy is strong and focused. You can concentrate even when work becomes routine and boring. You are in a crucial stage in your life, but you've got the energy and a take-no-prisoners attitude that will lead you to success. The best way to balance such determination is to get in touch with nature: take a walk in the woods; sit at the edge of the lake; feel the earth and your connection with it.

If you have recently become involved in a romance, this month will bring commitment and stability to the relationship.

Your Personal Month for December-2021 is 5



December brings changes and restlessness. You feel a need to be with others, to be social, to laugh and talk and enjoy yourself. You receive opportunities to travel and will meet a new and exciting person on a trip away from home. This person inspires and motivates you to try something new, to get off the beaten path and take a chance.

This is a month that could bring quite a few surprises, most of which invigorate you. It is a dynamic time that brings information and knowledge from unexpected sources. You want change. You are ready to try a new direction, which causes you to see your career with new eyes. You are in an adventurous mode and willing to take a risk.

This month requires courage and flexibility. There are new opportunities awaiting you and it is up to you to prevent them from slipping by.

Your love relationship is in a vulnerable state, and some suppressed anxieties need to be released. You are somewhat impulsive and may need to force yourself to slow down. You experience a bit of self-indulgence. There is a need for self-discipline.

Your Personal Month for January-2022 is 4



January offers opportunities for progress in your career. You are inspiring and motivating to yourself and others and know how to express your ideas. Your creativity is enhanced. You find original solutions and manage to implement them. Your co-workers and superiors are impressed. You are optimistic and light-hearted this month, which further enhances your work situation. However, you will tend to be impulsive and may find yourself with your foot in your mouth. Make sure you have the information to back up any claims. You also may tend to procrastinate, which can spoil opportunities and damage your career.

January is a month to be on your toes and take full advantage of a favorable combination of cycles. If you have considered remodeling or redecorating your house or starting a gardening project, now is the time to get started.

Marriage or a romantic relationship takes on more depth.

Your Personal Month for February-2022 is 5



February brings changes, excitement, and perhaps some upheaval. You may move, travel, or go on an unexpected trip. Carefully prepared plans confront the unexpected: events and people you had not expected. If you are flexible and not afraid of changes will enjoy this month. However, if you rigidly try to stick to expectations and refuse to adapt, you may experience a difficult time in which almost nothing works out, no matter how hard you try.

February is a month to allow the forces of nature to guide your ship. Despite these disruptions, do not give in to impulsiveness or irresponsibility. Make the plans you can; adhere to them as well as possible and be flexible.

Love is exciting, adventurous, and playful. You uplift your partner and reveal your deeper self. Hidden thoughts and desires that you have kept hidden during the past two years come freely to the surface. You are open and childlike and for that reason very attractive to others. A word of caution for those who are uncomfortable with this kind of openness: Do not allow fear to turn this wonderful urge to share your thoughts and feelings into a superficial act.

If you have a tendency to self-indulgence, this month's cycles are dangerous. Be cautious and control your appetite for whatever excesses tempt you.

Your Personal Month for March-2022 is 6



March brings family affairs and issues involving relationships to center stage. You may be asked to sacrifice some of your time and energy to help others. A parent or child may need more care and attention than usual. Answer the call and you will be rewarded with a

wonderful experience of love and closeness.

Many people in the 3 Personal Rhythm Cycle will make a deep commitment of love, or even get married this month. At the same time, separation and divorce are also possible since the theme of this month is to be committed to your true feelings. Confrontations are unavoidable in all troubled relationships. While these trends may be difficult and painful, the forces are working at clarifying your relationships. Your work situation will be rather demanding as more responsibility is transferred to you. However, the reward is right around the corner. (May and June will bring the pay-off.)

This month may be good financially, due to an earlier investment or from payments arriving from previously done work.