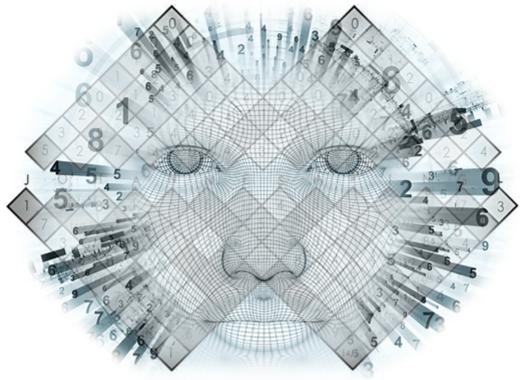
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DIAMOND SPIRIT GUIDE

Frank Montgomery

With Numerologist Hans Decoz



www.worldnumerology.com

The Diamond Spirit Guide is one of the oldest number-based methods of divination and perhaps the most powerful tool numerology has to offer. It reveals the chain of cause and effect that connects your physical and non-physical planes. It tells us how your experiences, choices, and priorities in the physical world affect your internal/spiritual growth, and how, in return, this affects the quality of your life on the physical plane.

An incomplete, rudimentary version of the Diamond was brought back from obscurity by the late Kevin Quinn Avery and later completed and re-birthed by Hans Decoz.

Each Diamond pattern consists of four numbers. The first is called the Challenge. Your Challenge is a lesson or test that, once learned, will benefit you for the rest of your life.

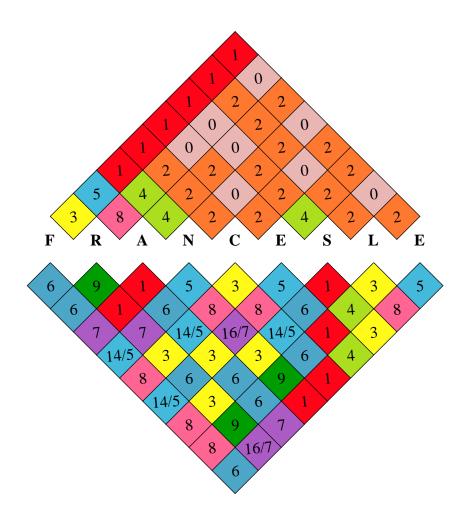
The second number is the Root or Cause and explains the underlying reason that lesson has emerged. The third number, the Recommended Action (also called Action Key), gives advice on the best approach for a successful outcome. The final number - aptly named the Outcome - reveals what the likely result of your efforts will be, and how it might affect your future.

Except for ages 0 through 7 and 75 through 81 we experience two Diamonds per year from birthday to birthday. These two Diamonds overlap and are equally important; they fit together as if working on one helps us understand the other.

Although most Diamonds are in place only for one year, it's not uncommon for one or both Diamonds to repeat the following year. Often one number - usually the Challenge number - lasts for more than one year, while the other three numbers change. Finally, a number that is the Cause one year becomes the Action Key for the next. The Diamond's structure is complex but also logical and beautiful.

A word of advice: getting the most out of your Diamond requires some measure of self-reflection, not unlike the I Ching. I recommend that you read it more than once, then let it simmer. You may be surprised at the amount of insight you gain.

Your report covers two years/ages from birthday to birthday. To avoid distraction, you may want to postpone reading the Diamonds for the second year until a couple of months before your next birthday, or if you do read them, go back to the two for your current age and focus on those.



THE FIRST DIAMOND

The first number in your Diamond is of a decidedly spiritual/inner nature. It's offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature. It reveals the true purpose of your struggle on the physical plane from a broad vantage point.

Your First Diamond Challenge for age 29 is 2

The lesson of this challenge concerns a perception you have of yourself. You either lack self-confidence and often feel inhibited or the opposite is true and you have an exaggerated sense of self-worth. Regardless of the expression, a 2 in this position points to an imbalance. If this feels true for you, your ability to relate to other people should shift once you have overcome this challenge.

As a thinking person, you are well acquainted with the rumblings of your mind. However, you may not always be aware that you are not your mind, but the entity "listening" to your mind. While this is probably not a new realization, recognizing it consistently provides clarity. It allows you to be skeptical of your ideas and thoughts, and receptive to possibilities that may be of more value.

This subtle yet powerful realization can make a difference in the way you view people who may not share your views. It helps you separate the individual from their (evolving) ideas or convictions, making you less

YOUR FIRST DIAMOND CAUSE

The second number in your Diamond reflects the underlying cause of the challenge you face this year. It is the catalyst that sets things in motion, the root of the issues confronting you during this period.

The Cause for your First Diamond is 7

Your search for deeper understanding has moved to the foreground over the last few years. Some of this may have been only marginally conscious. You may not, for example, have been going to a place of worship more often, or been reading metaphysical or intellectual books on Life's Big Questions. On the contrary, if you are a religious person, it is possible you have been performing outward expressions of your faith less often yet have been pondering the issue of religion or spirituality more intensely.

How much of this transformation has taken place consciously may vary, but a 7 in this position points to an increasing desire to understand things on a deeper level.

THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND

The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.

The Recommended Action for this Diamond is 1

The dynamic, ambitious 1 calls for taking control of your life, becoming more focused, and clearing residue from past experiences, particularly issues from your childhood or teenage years. A 1 in this position suggests you are carrying unnecessary baggage.

Take time to look for new avenues, explore options, and trust your own judgment. It's important that you define your goals without pressure from outside influences; you may need to cut some ties. Contemplate your past and your present, and seek to identify the relationships, memories, or conditions that may be holding you back.

Confidence, focus, and ambition are the qualities required to successfully navigate this period and to take advantage of the opportunities ahead.

THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome

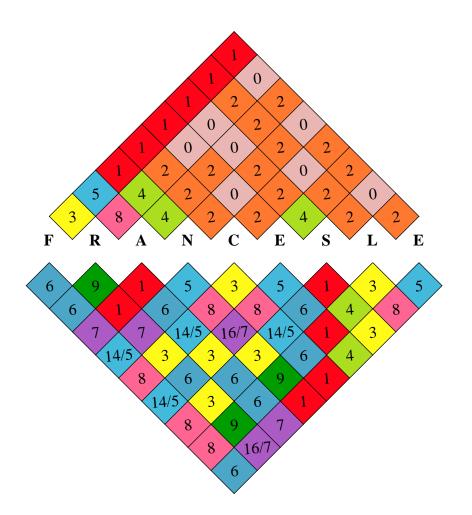
What it means to have an expected Outcome of 8

Frank, of all possible outcomes, this is the one that is most clearly recognizable as either very positive or very negative. There is usually no middle ground.

The positive result is more common and often shows up as advancement in career, with potential for more authority and responsibility, even improved finances. There tends to be tangible and often surprisingly strong growth across the board: success, respect, and money. The positive traits of the 8 bring balance between the material and immaterial world, and influence ambition, generosity, leadership, visionary qualities, and strength.

The negative side of the 8 is just the opposite – and can result in a stagnated, declining career, or financial difficulty. If you find yourself in diminished circumstances (compared to a few years ago) apply the suggestions offered by the third number in your Diamond, described above, and seek advice to reverse this negative trend.

Unlike other number combinations that speak more decisively about the outcome you will experience from this period; the 8 Diamond is less certain (although you most likely know the answer yourself).



THE SECOND DIAMOND

The first number in your second Diamond is again of a decidedly spiritual/inner nature, offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature.

Your Second Diamond Challenge for age 29 is 2

The lesson of this challenge concerns a perception you have of yourself. You either lack self-confidence and often feel inhibited or the opposite is true and you have an exaggerated sense of self-worth. Regardless of the expression, a 2 in this position points to an imbalance. If this feels true for you, your ability to relate to other people should shift once you have overcome this challenge.

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YOUR SECOND DIAMOND CAUSE

The second number in your Second Diamond reflects the underlying cause of a distinct challenge you will face this year. It is the catalyst that sets things in motion, the cause of the issues confronting you during this period.

The Cause for your Second Diamond is 6

Frank, when the 6 appears as the second number in your Diamond pattern, it points to an issue with family, friends, or a romantic partner. (More often than not romance plays a role.)

There may have been a disconnect recently between what you felt and what you thought you should be feeling. or were expected to feel. The issue was probably not that love was absent, or not reciprocated, but a lack of clarity.

It is also not uncommon to find the issue of sexuality at the root of this Diamond, related to confusion over blurred lines between the emotional versus the physical expression of love.

THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND

The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.

The Recommended Action for this Diamond is 8

Frank, this Diamond suggests a need to draw from your own strength, muster your personal power, and present yourself with authority. It is a period to be decisive, take charge, and act on your gut instinct and common sense with as little hesitation as possible. This will allow others to feel your confidence, motivation, and directness as well. It is a time of opportunity, especially in the areas of finance, business, and career.

As you move forward with this challenge, it is just as important to maintain balance in your personal life. Be aware of your inner needs and higher ideals, and don't sacrifice your dreams.

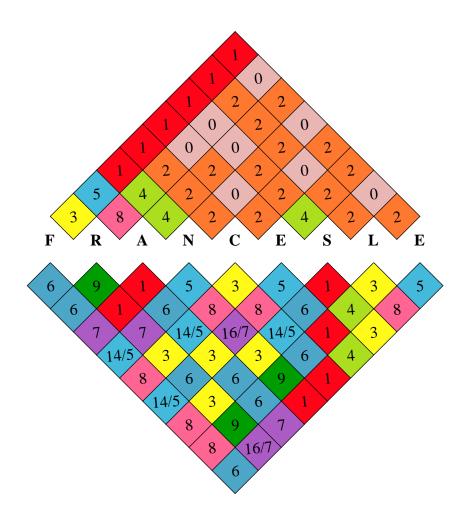
The 8 brings authority, power, confidence, and accountability, but it also seeks balance between the material and immaterial domains.

THE EXPECTED OUTCOME OF YOUR SECOND DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Second Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome.

What it means to have an expected Outcome of 14/5

Frank, a 14/5 in this position suggests you feel a renewed sense of freedom and creative potential as you exit this Diamond. The dynamic 5 brings the feeling we can do anything we set our mind to. You likely feel more open and adventurous, and less restricted or frustrated than you did prior to this Diamond. Nurture the positive traits you are incorporating, such as adaptability, courage, versatility, and being open to new opportunities.



THE FIRST DIAMOND

The first number in your Diamond is of a decidedly spiritual/inner nature. It's offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature. It reveals the true purpose of your struggle on the physical plane from a broad vantage point.

Your First Diamond Challenge for age 30 is 2

The lesson of this challenge concerns a perception you have of yourself. You either lack self-confidence and often feel inhibited or the opposite is true and you have an exaggerated sense of self-worth. Regardless of the expression, a 2 in this position points to an imbalance. If this feels true for you, your ability to relate to other people should shift once you have overcome this challenge.

As a thinking person, you are well acquainted with the rumblings of your mind. However, you may not always be aware that you are not your mind, but the entity "listening" to your mind. While this is probably not a new realization, recognizing it consistently provides clarity. It allows you to be skeptical of your ideas and thoughts, and receptive to possibilities that may be of more value.

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YOUR FIRST DIAMOND CAUSE

The second number in your Diamond reflects the underlying cause of the challenge you face this year. It is the catalyst that sets things in motion, the root of the issues confronting you during this period.

The Cause for your First Diamond is 1

At the root of your challenge lies a problem that seems only marginally related - the issue of control. Consciously or unconsciously, it is likely you have been in a position of power and dominance for some time, affecting the lives of others.

There are many ways this could have transpired. Others may depend on you financially or emotionally, or you may depend on them; either situation ultimately creates the same imbalance. It may have come about unintentionally as changing circumstances created a pattern of dependence and control. Regardless, you likely have influence over the happiness and well being of others in a way that is less than ideal, creating an imbalance that needs to be resolved.

This situation has the potential to limit your freedom, your creativity, and your ability to make choices that could further your career and happiness.

THE RECOMMENDED ACTION FOR YOUR FIRST DIAMOND

The third number in the Diamond pattern suggests a possible course of action to resolve successfully the issues facing you during this period.

The Recommended Action for this Diamond is 6

The best approach to finding solutions to your own issues may be in directing a large part of your attention elsewhere, preferably toward your family, friends, or community. This doesn't mean you should stop actively working on the challenge previously described. It suggests that, by focusing on other issues, your subconscious has an opportunity to identify and work through some of those blockages. Sometimes, when we take the attention of ourselves and focus on the problems of others, we find clarity for our own issues.

It's no coincidence that you will likely find yourself in high demand during this period. Don't ignore your own issues but give more attention than usual to those around you – it could benefit both of you.

The main qualities required to successfully move through this Diamond, and to take advantage of coming opportunities are love, sacrifice, empathy, and generosity.

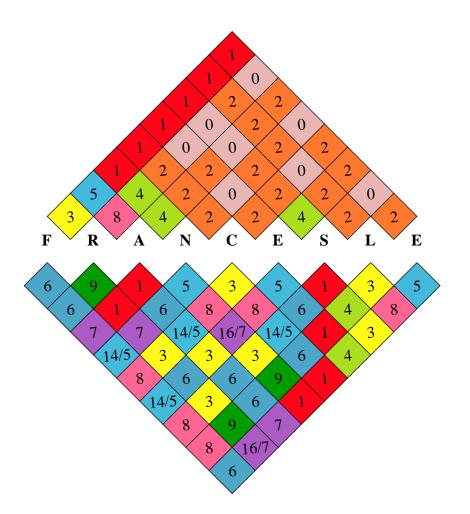
THE EXPECTED OUTCOME OF YOUR FIRST DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome

What it means to have an expected Outcome of 3

Frank, a 3 in this position suggests you should feel less inhibited and more optimistic. The 3 brings a newly awakened creativity. This is one of the most strongly felt and desirable outcomes, because it seems to directly affect your ability to experience simple joy and happiness, as if the child in you has re-awakened. You may even recognize this in a change of style and taste; you might dress less conventionally or more colorfully or have a desire to change your environment.

Your sense of humor may be less reserved, and your health is more likely to improve, due to the positive, motivating outlook of the 3.



THE SECOND DIAMOND

The first number in your second Diamond is again of a decidedly spiritual/inner nature, offered to you in the form of a challenge; something that needs to be learned or acquired to help you grow and mature.

Your Second Diamond Challenge for age 30 is 0

A Challenge is one of the few calculations in a numerology chart that can produce a zero. Of the nine possible challenges, the zero challenge is perhaps the most important because it directly affects the wellbeing of humanity on a global scale. As if to emphasize this, it is also the most commonly found lesson and very likely to occur more than once during your lifetime (an average of three to six times).

Compassion, empathy, brotherhood/sisterhood, and unity lie at the foundation of your 0 Challenge. However, this challenge has less to do with emotionality than with an intellectual and basic recognition that every human being deserves your respect, your love, and perhaps at some point, your personal sacrifice. The potential growth and fundamental improvement inherent in this challenge has the potential to affect not only you, but also the global community.

You will likely experience more than your share of confrontation and turmoil. Events and circumstances require you to choose between opposing energies, such as love or hate, empathy or cruelty, sacrifice or

apathy. You witness incidents of injustice and are challenged to choose between getting involved or walking away.

The zero challenge is about taking a stand and responding with courage, more than it is about good and evil. The choices you make during this period define you in countless ways.

The 0 challenge in a Diamond reflects the most primal struggle any man or woman can face. It makes this both difficult and easy; difficult because the easy way out can be tempting; easy because there is nothing subtle about the choices facing you.

YOUR SECOND DIAMOND CAUSE

The second number in your Second Diamond reflects the underlying cause of a distinct challenge you will face this year. It is the catalyst that sets things in motion, the cause of the issues confronting you during this period.

The Cause for your Second Diamond is 3

This root cause indicates difficulty with communication. This could contribute to an emotional, intellectual, and/or spiritual bottleneck.

It may feel as if your ability to express yourself has diminished in the past few years, causing miscommunication, frustration, or lost opportunities. You probably do fine on a superficial level but when the talk turns to deeper, more personal issues, you may find yourself stumbling. It's not a matter of your strength or confidence but a fear of intimacy, something you have an opportunity to confront as this Diamond puts pressure on you.

Self-expression and communication are at the root of this Diamond.

THE RECOMMENDED ACTION FOR YOUR SECOND DIAMOND

The third number in the Second Diamond pattern suggests a possible course of action to resolve the issues facing you during this period.

The Recommended Action for this Diamond is 3

Frank, if you have ever watched children responding to adults, you have probably noticed they usually say exactly what they think. Although many of us could use at least some of that candor, this is generally not considered a healthy approach for adults (it can get one into a bit of trouble). A 3 in this position suggests you would benefit from being less inhibited and more expressive. The more you disclose your "true self" the

better you can avoid obstacles and misconceptions. When you feel like laughing, laugh without reservation. When you feel anger, express it. When you feel like hugging, hug. Share your true feelings.

Becoming less inhibited is far from easy. In fact, it is quite difficult and requires great courage, but it could help release blocked potential, whether conscious or subconscious.

The hardest part of becoming less inhibited, is that you also must be less self-conscious. It's a chain reaction; self-consciousness and ego go hand in hand. Try not to worry so much about what others think of you.

The main qualities required to successfully deal with this Diamond and to take advantage of the opportunities ahead are courage, honesty, self-expression, and altruism.

THE EXPECTED OUTCOME OF YOUR SECOND DIAMOND

The fourth number reveals potential changes in your personality and your environment as a result of your experience with the Second Diamond in place this year. Naturally, our effort and sincere desire to meet these challenges increases the possibility of a positive outcome.

What it means to have an expected Outcome of 6

Frank, a 6 in this position indicates strengthened ties with your family, friends, and community. As you exit this Diamond, you likely feel closer to people you care about, and you may find your sense of responsibility and loyalty has improved. The 6 inspires commitment and a stronger sense of belonging. You may feel a renewed sense of purpose, more at ease with your emotions, and less inhibited about expressing your feelings.